

Develop Integrity

To act with integrity is to act with honesty, responsibility, and compassion. To balance these sometimes opposing ideas takes focus and self control. We should act with integrity as often as possible, most importantly when dealing with adversarial people and situations.

Joseph Kaluza

A quality that is developed and nurtured, integrity is honesty and means sticking to your word. Integrity is such a powerful quality to have that it is precious to have, as many do not!

Melanie Coulas

To have INTEGRITY means to have high morals and values and to live your life by them. It means to that you are honest, upright, and sincere. It means that you are someone who people can look up to. However, this does not mean that you are supercilious. It means that you are humble and live your life so that you can be proud of yourself. You do what's right. In the end, people will remember you based on how you lived and what you did. So, let your legacy be a great one.

Elizabeth Linsley

Integrity is honesty and sticking to ones beliefs by acting them out and living them everyday. To have integrity is to have morals and to be respected as a trustworthy person. If you have integrity, you are considered to be a reliable, honest, good person. Integrity is something others judge if you have, but it is also something inside oneself.

Lilly Field

Your integrity is your honesty. It is what you believe is right. It is recognizing your conscience. When you develop your integrity you also develop your honesty-in all respects. This could be anything from handing in an item you happen to find that you know belongs to someone else, to expressing yourself truly and not lying about your feelings.

Melissa Brooks

Integrity is not compromising your morals, beliefs, or values. Living in integrity is living your truth. Living in integrity can seem like a daunting task sometimes. It may mean not smoking or drinking, even if your friends do, because it goes against your morals. It is important to live out of integrity because, when you do, people gain respect for you. People have a tendency to trust those who live their own lives. Living out of integrity is the product of walking your talk.

Stephanie Bullen