True Colors™ Personality Assessment

Blue	Gold	Orange	Green			
I see myself as:						
compassionate, idealistic, affectionate, empathetic, caring, nurturing, a communicator & valuing feelings	consistent, goal- oriented, traditional, realistic, prepared, dependable, loyal, responsible & having leadership ability	flexible, easy-going, playful, clever, open to change, having many interests, courageous, assertive & independent	confident, mentally strong, logical, inventive, having high expectations, knowledgeable & enjoy my own company			
I flourish with encouragement rather than competition	I believe that work comes before play	I enjoy freedom & independence	For me, work is play			
In relationships:						
I seek harmony, warmth & romance	I am serious & tend to have traditional, conservative views of love & marriage	I thrive on physical contact & enjoy people who share my interests	I am uneasy when my emotions get the best of me & want to establish relationships that allow me to focus my energy on my career			
As a child:	<u> </u>					
I was imaginative & creative	I understood & respected authority & wanted to follow the rules	I learned better by doing & experiencing rather than listening & reading	I constantly had questions & found it necessary to respect a teacher before I could learn from them			

Rank the word groups below on a scale of 1 to 4 - 4 being the *most* like you and 1 being the *least* like you. Add each column and record the totals in the gray boxes.

blue	gold	orange	green	
authentic harmonious compassionate	parental traditional responsible	active opportunistic spontaneous	versatile inventive competent	
unique empathetic communicative	practical sensible dependable	competitive impetuous impactful	curious conceptual knowledgeable	
devoted warm poetic	loyal conservative organized	realistic open-minded adventuresome	theoretical seeking ingenious	
tender inspirational dramatic	concerned procedural cooperative	daring impulsive fun	determined complex composed	
vivacious affectionate sympathetic	orderly conventional caring	exciting courageous skillful	philosophical principled rational	

Learning Style Assessment

Which method of consuming information best describes you?

I do better with instructions in writing so I can read them over a few times and refer back to them.

- 1 Remove the protective film on the back and edge of the door or drawer front before mounting/assembly.
- 2 Assemble the drawer and fit the hinges.
 3 Immediately after having removed the protective film the surface is especially sensitive to scratches. You can increase the surface's resistance to scratches by curing it.
 4 Wash it with a soft cloth, using a mild soap solution (max. 1%). Note! Do not use any cleaners containing alcohol or abrasives.
 5 Wipe clean and then let the surface harden for about 24 hours.

Learner Type

Visual – Verbal

You learn best when information is presented visually and in a written form. You benefit from information obtained in class notes and the textbook. You tend to like to study in a quiet room.

- Make flashcards of images, vocabulary words and key concepts
- Write out explanations of artworks
- Copy information from the textbook into a computer word document

I do better with instructions that have pictures or if I see a video/DVD about the topic/task.



Visual – Nonverbal

You benefit from information obtained from pictures and diagrams. You tend to like to work in a quiet room and may not like to work in groups. When trying to remember something, you often visualize a picture of it in your mind.

- Mark up the margins of your textbook with key words and drawings of key concepts
- Create tables and charts with graphics that help you understand course material
- As much as possible, translate words and ideas into symbols, pictures and diagrams

I do better with instructions if I am told them out loud or I say them out loud a few times.

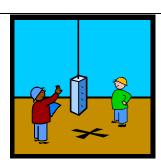


Auditory

You learn best when you can hear the information being presented. You benefit from listening to a lecture and participating in group discussions. When trying to remember something, you can often "hear" they way someone told you the information.

- Tape lectures with a recorder equipped with a counter. Make note of the time that a key concept or work was discussed
- Read your textbook and notes out loud
- Talk your way through test questions and homework assignments

I do better with instructions if I am actually shown how to do a task and then allowed to do it myself right away.



Tactile – Kinesthetic

You learn best when physically engaged in a "hands-on" activity. You learn best when you can be physically active in the learning environment and benefit from in-class demonstrations, hands-on experiences and field work outside the classroom.

- Make your learning tangible by making models or going to museums where you can gain first-hand experience
- When studying, walk back and forth with notes or the textbook in your hands
- Keep your hands moving with small, textural objects (like squishy balls)