# INVOLVING YOUR CAMPUS IN MEANINGFUL EVENTS 

BY
LINDA COOPER
lindacooper971!@gmail.com

# CLUB RUSH WEEK $2^{\mathrm{ND}}-3^{\mathrm{RD}}$ WEEK OF SCHOOL 

Center this week around the first home game

Pick a theme - reserve Friday for School color spirit day How many clubs/organizations on campus - divide by 4 days
Meet with Club Presidents/Vice Presidents to set expectations

## EXPECTATIONS OF CLUBS:

Decorate a table, create a display, create a handout, prepare a game, give freebies, use a sign up sheet, talk to prospective members.

## EXPECTATIONS OF LEADERSHIP:

Advertise, Announcements in Bulletin, Posters, Dress up each day according to daily themes, decorate, set up and clean up, gather students to come and visit the tables and help hand out information.

## FRIDAY:

Rally, (food court), Class 2019, 2020, 2021, 2022 Tables
Organize a kick off (sneak peek rally) - invite band to pump up the crowd, games, cheerleaders, dancers - lots of spirit - talk about student section at game.
Tables for classes so students can sign up to work at homecoming, float building, fundraisers, and class activities

## PURPOSE OF A CLUB RUSH WEEK

Why do a club rush week?
Connect students to school through other activities
Showcase Clubs on Campus
Gives students an opportunity to see what else is available on campus
Gives students an opportunity to ask for new clubs.
Gets students in the habit of dress up days
Builds spirit on campus


## MULTI CULTURE WEEK

Choose a theme:
Samples: People are like butterflies - each unique and making a difference in the world (butterflies)
$\qquad$ Tie Friendships together (tie dye)
All races have the same finish line (track runner)
Laundry is the only thing separated by color (washing machine with laundry)
__ - One World, many stories (world with various people)
We are all pieces of the same puzzle (puzzle pieces)
SURVEY YOUR SCHOOL:
What ethic backgrounds do you have on campus? Begin to put together your activities based on ethnic backgrounds.

## WHAT TALENTS DO YOU HAVE ON CAMPUS

## CLUBS:

Ethnic clubs which include languages, singers, dancers, bands, and other traditional performances.

## STUDENTS ON CAMPUS:

Talk to students on campus about performing - Go in to classes and talk about multi culture week and performances needed. Look for singers, and dancers in groups outside of and on campus such as Folklorico, Greek, Tahitian, Hawaiian, Philipino, Folk singers, Guitar players, Student bands, Country dancers, etc.

## OUTSIDE ORGANIZATIONS:

Drum Café, Dance masters, Danny Batimana with Happiness is NOW, Scottish Dancers, Russian Dancers, Bagpipes, Mariachi Bands, anyone offering Diversity.

## SAMPLE OF NEEDS FOR A WEEK:

Lunch Activities: Guest speakers, bands, radio stations, a sample tasting of ethnic foods based on survey, games, music, students telling their stories about traditions. Can include a car show (campus culture)

Detail Activities: Diversity quilt, Food court on Multi Culture Day, Advertising, Bulletins, Information Announcements

Outside Entertainment on Multi Culture Day: DJ outside, dance groups, karate groups, military groups, balloon artist, magician, crazy hair people, face painting, Henna Tattoo artists, Inflatables, decorations, food court

## CARNIVAL/FAIR ATMOSPHERE OUTSIDE

MULTI CULTURE DAY ASSEMBLY:
School Performers - talent from your school
Outside Performers - churches, community organizations
Professional Performers - Music groups, aerobatic groups, dance groups, previously listed groups

Decorate the gym - flags from countries, posters, pictures
Practice before the assembly with all groups
Master of Ceremonies (scripts)
One or two rotations - depending on size of gym and size of school
Clean up committees


# SPRING FLING OLYMPICS <br> CELEBRATE SPRING SPORTS COMPETITION AMONG CLUBS AND ORGANIZATIONS WEEK OR WEEKS OF COMPETITIVE ACTIVITIES AT LUNCH 

KEYS TO A SUCCESSFUL WEEK:
Organization and Planning Trial Run of all Events
Communication with teams Safety
Budget
Great MC at final competition


## THINGS NEEDED

Groups design shirts or wear their organization shirts
Banners made for each group participating
Point sheet made and kept up-to-date each day
MC for each day and a dynamite MC for the Great Race on Friday
Kick off rally to showcase Spring Sports before competition
Games and supplies ready for each day
Rally and Food court organized for Friday
Great Race games, supplies, set-up, clean-up organized and practiced
Perpetual plaque ready
Set up, game managers, and clean up ready
Thank you's ready

## Possible games - daily and at Great Race:

Triathlon - 3 different types of races
Rubber Band Shooter - Fling the Chicken
Jelly Belly game - Find the $\qquad$ in a bowl of jelly bellies

Balloon race - Put a balloon between you and no hands race
Watermelon pass - oil up a watermelon and pass around the circle like musical chairs
Volleyball tournament - 4 on 4 for two minutes and keep going until you have a winner
Trivia - anything Disney, TV shows
Hungry Hippo Game - scooters, balls, baskets, ropes
Bobbing for pickles - dill pickles in a bucket
Wet T-shirt pass - wet the T-shirt in a bucket and pass it over and under, wring it out in a
bucket, and then go to the front and wet again
Hula hoop pass - holding hands, in and out of the hula hoop
Sack lunch eating game - things in a sack that have to be eaten
Tug of War - large rope
Minute to Win it games
Rally games - make them up



## FINAL DAY <br> RALLY, GREAT RACE, FOOD COURT

All occur on the football field:

1. Food Court - clubs sell foods
2. Rally - Last rally of the year for seniors, recognize spring sports, recognize clubs, any end of the year stuff (15 minutes)
3. Great Race - 10 stations set up on the football field ( 15 minutes)

Station 1 - Temple Run (set of hurdles - over and under)
Station 2 - paper Toss (throwing paper balls in a trash can)
Station 3 - Lasers (set up like a military course that they crawl under)
Station 4 - Flyswatter (using a flyswatter, swat balloons into a bucket)

Station 5 - Human Horse Show (throw a hula hoop over a team member)
Station 6 - Poppin Water Mania (toss water balloons in a bucket)
Station 7 - Make that shot (balls through cutouts)
Station 8 - Cross Road (potato sack race)
Station 9 - Whip Cream/bubblegum (eat through whip cream, find gum, blow a bubble)
Station 10 - Human Shuffleboard (slip and slide - roll all the way)


## ANTI BULLYING WEEK

## CHOOSE A THEME:

Samples:
Stop - Think - Words Can Hurt, Taking Action Together
Cyberbullying, Being Different - Belonging Together
Cyberbullying and the community, Bystander
We're all Different...We're all the same

## AWARENESS ACTIVITIES EACH DAY

1. Who you are is more important than what you wear. Teach about stereotypes.
2. Diversity Activities - Look at your diverse campus - who is being picked on?

Have various guest speakers talk about the issues.
3. Games (use games that exclude people as it progresses and then ask the
questions - how did it feel? What can you do differently
4. \#ICANHELP - delete negativity on social media.

## KINDNESS WEEK

## THEME DAYS:

Awareness, Respect, Peace, Imagination, Purpose, Promise, Appreciation Reflection, Gratitude

## SLOGANS:

Kindness can change the world, No Act of kindness is ever wasted Life is as rich as you are kind

I believe in the Magic of Kindness, Be Cool, Be Kind
Kind heart, you've got it-please use it

The echoes of kind words are forever
Brighten your day - be kind to a stranger
Kindness - Your investment into a better world
Bracelets - you matter $\quad$ Buttons - sayings
Rope bracelets - give to a friend "Warm Fuzzies" - yarn

| Necklaces |
| :--- |
| Fortune cookies with compliments |
| Gratitude notes |
| Construction paper hearts with every kids name on one |
| If you really knew me notes |
| Kindness grams |
| Make "you are talented" stars |


| Pay It Forward Projects at one extra person |
| :--- | :--- |

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## CALENDAR OF KINDESS FOR SCHOOL

August
September
October

November
December
January
February
March
April
May

Welcome staff or back to school with a personal note
Go to special education/needs classes and do a project (even reading books)
Meet 2 new people at lunch, interview them, take pictures with them, take them to a club or class meeting
Custodian appreciation
Can food drive, secret Santa, adopt a kid (preschools)
Classified staff appreciation - cards, thank you notes, treats
Rak day and week - make RAK bags to hand out
Blessing bags to give to Counselors for distribution
Attend club meetings for support, clubs evaluate leadership, ask for new ideas
Look around campus - what do you need to do
Teacher/Administration appreciation (do something daily) Make signs, give little gives (Pinterest has the best ideas)


## Kindness Ideas

Random Acts of
Christmas Kindness
Advent Calendar


Make the world a little kinder this year!


## FALLEN HEROES WEEK

## HONOR:

Police Officers, Fire personnel, Emergency personnel
Military personnel
DAILY ACTIVITIES:
Treat it like Dude Be Nice Week and have representatives each day to honor and showcase, use as guest speakers, and give thank you's.

## OPERATION GRATITUDE:

Write letters to service personnel.

> When you are filling out your Christmas Cards this Year take a Card and Send to this Address:

ค Recovering $\Theta$ merican Soldier C.O. Walter reed

Army Medical Center 6900 Georgia Avenue NW Washington. D.C. 20307-5001 Pass this on and Think of how many
Cards these Wonderful, Special People cards these Wondertul, Special Peop who have Sacrificed so much wo
get. Please Share on your Wall. it's the Least we can do!

## WELCOME WEEKS

Freshmen Orientation:
Welcome freshmen to school with guest speakers, juniors and seniors as big buddies, lunch, activities, sessions, and registration. Welcome Week:

Plan activities that increase positive relationships, build culture while teaching expectations, and show support of students while they work toward personal goals.


## CANCER AWARENESS WEEK

Examples: Breast Cancer, Leukemia \& Lymphoma, Neurofibromatosis, Skin (Melanoma) cancer.

Mon: Lemonade Stand - Breast Cancer Day - pink color
Tues: Save a Life - L \& L Day, Orange color
Wed: Candy Grams - NF Day, Two tone blue color
Thurs: Carnival Day - SC Day, Black color
Fri: Awareness assembly - Red and white to show unity Invite health associates, health organizations, presenters, people dealing with cancer, people that are cancer free, and people that have lost loved ones to cancer. Made ribbons for everyone in the school for each day. Posters, Bulletin, flyers with information, involved as many people as possible to show awareness of the affected with cancer in many different ways.

## AWARENESS WEEKS/NATIONAL AWARENESS DAYS

January
February
March
April
May
June
July
August
September
October

November
December

National Storytelling Week
Go Green Week, National Heart Month, Love your Neighbor Week
Downs Syndrome Awareness Week, National PJ Day
Earth Day, National Child Abuse Prevention Month
Deaf Awareness Week, National Smile Month, World Hunger Day Butterfly Education and Awareness Day, Volunteers Week
Disability Awareness Day, World Population Day
Friendship Day, International Homeless Animals Day
Childhood Cancer Awareness Month, World Suicide Prevention Day
National Bullying Prevention Month, Breast Cancer Awareness Month, NF Month (Neurofibromatosis)
Alcohol Awareness Week, World Kindness Day Human Rights Day, International Day of Persons with Disabilities

## Other Weeks

## Red Ribbon Week

PHAST club sponsors

## Staff Appreciation Week

Pinterest has amazing ideas

## Senior Week

Check with lots of Activities Directors for ideas. Senior sunset, favorite dress up days, favorite lunch rallies, senior rally, senior recognition, video of all four years

## Frosh Fun Night or Frost Field Day or Frosh Fun Day

Games, motivational speaker, challenges, give away for completing their first year of school successfully, music, video of freshman year

## Suicide Prevention Awareness Week

Presenters, health agencies, sneak in social media - prevention of negative social media which can be several days of information, help that can be found, written information

Find a way to include all students on campus in activities

WE NEED TO CARE LESS ABOUT WHETHER OUR CHILDREN ARE ACADEMICALLY GIFTED a MORE ABOUT WHETHER THEY SIT WITH THE LONELY KIDIN THE CAFETERIA.

Sometimes you don't realize the weight of something you've been carrying until you feel the weight of its release.
powerofpositivity.com


## Thank you for being kind!



