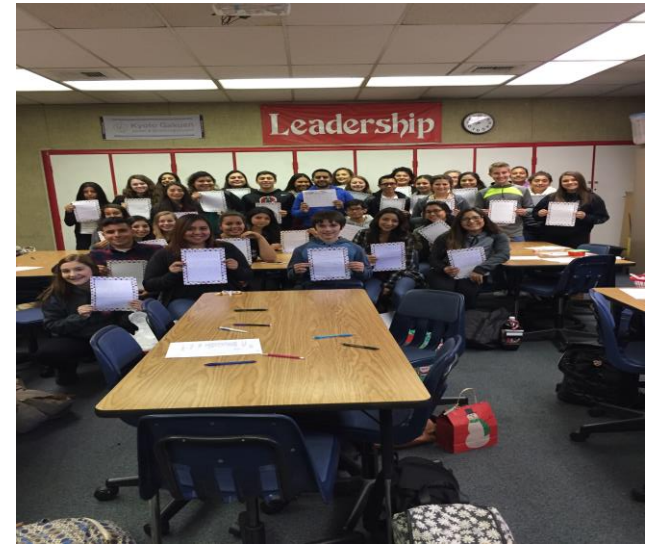


BALANCING WORK AND PLAY



Linda Cooper
Retired Activity Director
lindacooper971@gmail.com



RETREATS

- GET ACQUAINTED ACTIVITIES

- Bingo Sheets – get to know each other

- Sounds of Animals – get you into a group – Names, things about you no one knows

- WORKING TOGETHER ACTIVITIES

- Hula Hoop Caterpillar Relay

- Crazy Paper Bag Relay

- Tater Tot Activity

- Lap Stack

- GETTING TO KNOW EACH OTHER

- Cross the Line Activity

- Butterfly Activity

Make sure groups are mixed up each time. ASB needs to look around to see who is “sitting only with their friends” and mix it up. Include Freshmen – make them feel as important as everyone else. Talk about things like the “Compliment Wall” in the classroom, Calendar in the classroom on the wall and keep up-to-date with B’days, things happening on campus, Leadership responsibilities, and assignments.

AFTER HOMECOMING – NOW WHAT?

Evaluations – What was good, What was not so good that we can improve on, and What do we need to scratch? And.....what would we like to add next year?

Have some food ready to pass out and eat while evaluating – Put the posters on the board and just put ideas down while discussing and eating!

Relaxing Day and yet accomplishing things – Put in your “notebook” for next year

WHAT ARE THE NEXT ACTIVITIES AND HOW CAN YOU BUILD IN SOME FUN – PLAYING ACTIVITIES:

DANCES

COMMUNITY PROJECTS

SPORTING EVENTS

SPECIAL WEEKS

POSITIVE SCHOOL CULTURE EVENTS

CLASS LEADERSHIP ACTIVITIES

TEAM BUILDING IDEAS

USE **F. O. R. M.** for conversation

F is for **FAMILY**

Ask people about their parents, siblings, cousins, where they came from,
family traditions

O is for **OCCUPATION**

Ask what they like to do, what they would like to do, what do you like to study,
and what their plans/goals are for a degree or job

R is for **RECREATION**

Ask what they like to do in their spare time. This leads to a conversation about
hobbies, sports, books, music, traveling

M is for **MOTIVATION**

Ask what motivates them in life. This is when the conversation can get more
involved in the deeper meaning of their lives

Some Good things to have ready to use:

- When you see a need in your classroom or have 10-15 minutes left and you want to do something meaningful, use:

- **10 MINUTE LESSONS BY RON JONES**

INCLUDING SPECIAL LESSONS FROM PHIL BOYTE, EARL REUM, & STEVE SPANGLER

- **LEADERSHIP IN THE MOVIES – HERFF JONES**

CLIPS FROM MOVIES THAT LEAD TO DISCUSSIONS ON SETTING THE COURSE, BUILDING OTHERS/BUILDING DREAMS, COMMITMENT/INTEGRITY, BUILDING A TEAM, CONFLICT RESOLUTION, PROBLEM-SOLVING, TAKING ACTION, COMMUNICATION AND MANY MORE

- **ICEBREAKERS**

HUMAN SCAVENGER HUNT

TOILET PAPER PASS

STRAW CHALLENGE

GOING IN CIRCLES

JUST TO NAME A FEW

CADA MAGAZINES

IDEAS FOR ACTIVITIES LIKE “NO BACKPACK DAY”

CONFERENCES IN YOUR AREA

SERVICES FROM VENDORS

SCHOOLS YOU CAN CONTACT ABOUT THEIR COOL ACTIVITIES

**LEADERSHIP LESSONS – LESSONS TO LEAD BY, 50 LESSON PLANS FOR
TEACHING LEADERSHIP CONCEPTS AND SKILLS** – Many Authors and published by
the NASC, NHS, NASSP

The Art of Communication

Bag Your Stress and Blow it Away

Egg Drop Auction

Human Checkers or Human Tic Tac Toe

Random Acts of Kindness

CHILDRENS BOOKS

- **WONDER** — By RJ Palacio

Assign chapters to read and have the students “jigsaw” and tell about what happens

Discuss how it could affect your school

Or have a movie night/day and discuss it

- **THE BUTTERFLY EFFECT** — Everything You Do Matters – by Andy Andrews

Talk about how this affects them, the class, the school, home/community

Hand out Butterflies that have been copied on color paper and put in goals

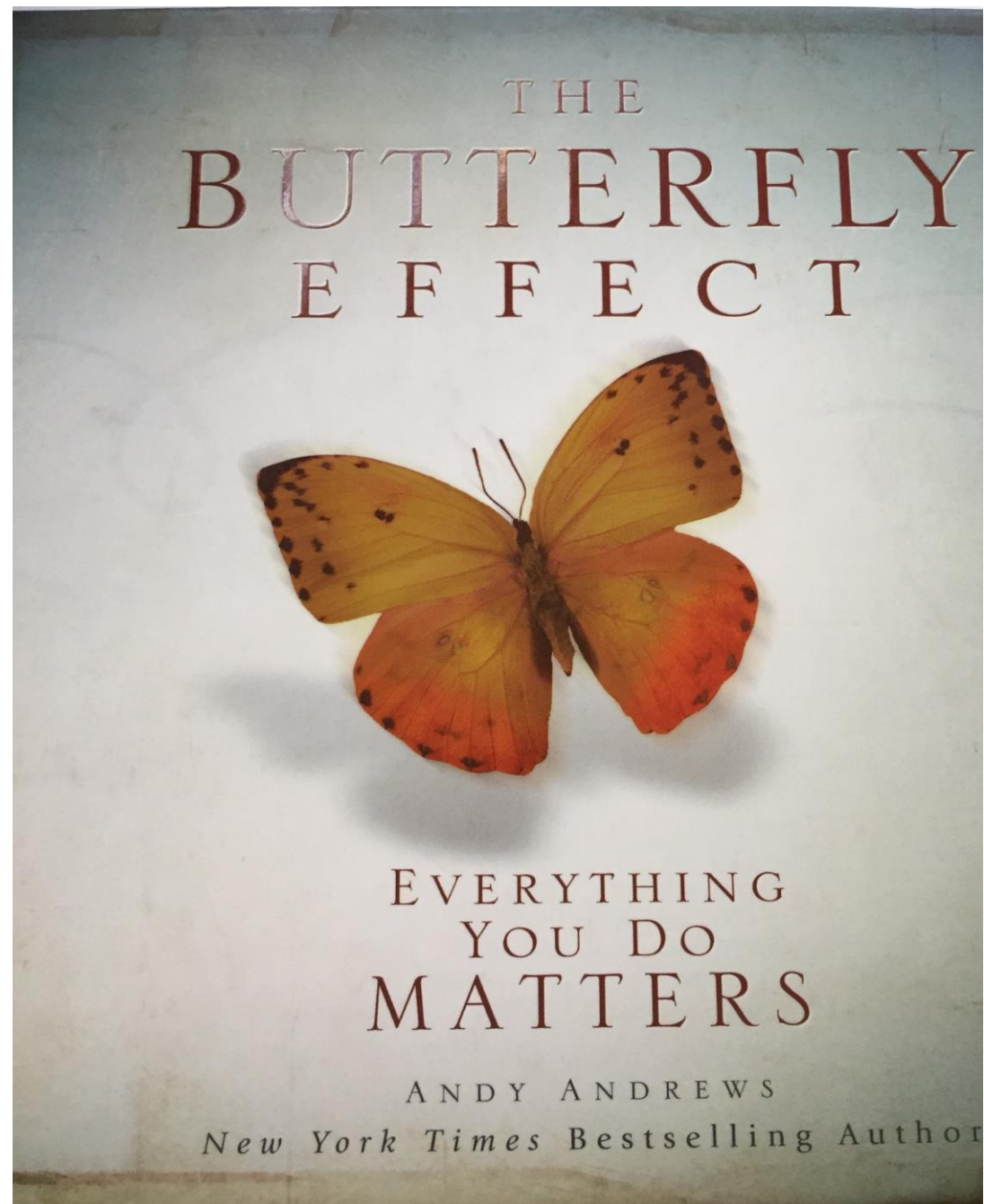
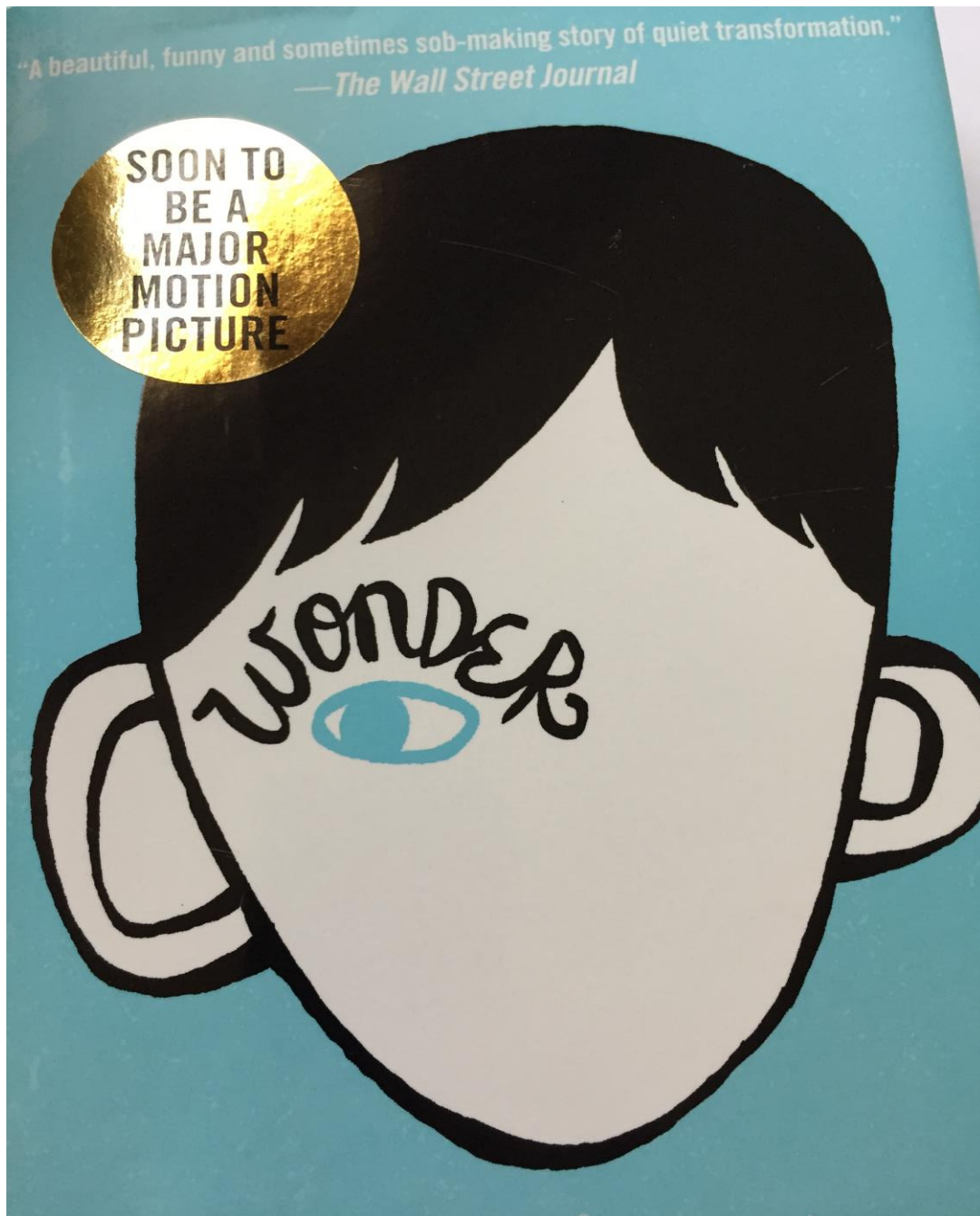
Share their thoughts with the class, make a bulletin board out of it for all to see

- **THE DASH** - Making a Difference with your Life – by Linda Ellis ad Mac Anderson

Read the story – From Birth to Death

What would you want to do with the “dash” in between

Write it and share it





The Dash

Making a Difference with Your Life

by LINDA ELLIS *and* MAC ANDERSON



FUN THINGS TO DO IN CLASS:

- Straw Tower
- Old MacDonald
- Marshmallow and Pasta Tower Icebreaker
- Hoop Relay
- Lap Stack
- Life with the Wright Family

FUN THINGS TO DO OUT OF CLASS:

- Perfect Turkey Dinner Scavenger Hunt and Party
- Lunch in the leadership room – Bring your lunch and enjoy the company of each other – put a discussion question on the board – like “Would you rather live by the sea or by the mountains”
- Potlucks – if your district allows them
- Field trips to go bowling, go to a movie together, have movie party at your gym just for leadership, (wear your PJ’s), have a swim party (at school or someone’s home depending on your district rules)
- Invite Administrators to lunch in the leadership room to talk about school spirit, positive school culture, issues, or just to enjoy talking to students
- Take the leadership group to _____? The possibilities are endless.

Uncap
the Possibilities
with Aaron Judge
Sharpies

Form a #ICANHELP Group within your Leadership class or a Club on campus.

AARON JUDGE

Delete negativity from social media

PROUD SUPPORTER OF
#ICANHELP

THE PLAYERS' TRIBUNE

SEE OFFICIAL RULES FOR DETAILS.

#TPTxSHARPIE

MAKE LEADERSHIP FUN WHILE WORKING OR PLAYING

