

COMMUNITY SERVICE IDEAS

Big & Small

Empty Bowls	WE ARE LOVE
Thirst Gala	Tampon Tuesday
Talent Show	Sock Drive
Gleaning	Holiday Baking
Outreach Bags	Foster Care Bundles

COMMUNITY SERVICE

Resources

Baby2Baby

www.baby2baby.org

IG: @baby2baby

Twitter: @baby2baby

Crayon Collection

www.crayoncollection.org

IG: @crayoncollection

Twitter: @crayoncollectio

Thirst Project

www.thirstproject.org

IG: @thirstproject

Twitter: @thirstproject

#ICANHELP

www.icanhelpdeletenegativity.org

IG: @ICANHELPOfficial

Twitter: @ICANHELP

PATH

www.epath.org

IG: @PATHpartners

Twitter: @ PATHpartners

Skate for Change

www.skateforchange.org

IG: @skateforchange

Twitter: @_skateforchange

WE

www.we.org

IG: @WEmovement

Twitter @WEmovement

Ag Against Hunger

www.agagainsthunger.org

The Global Goals

www.globalgoals.org

IG: @TheGlobalGoals

Twitter: @TheGlobalGoals

Project Open Hand

www.projectopenhand.org

IG: @projectopenhand

Twitter: projectopenhand

InnerView

www.innerview.org

Twitter: @InnerView_me

Family House

www.familyhouseinc.org

IG: @familyhousesf

Twitter: @familyhousesf

TAMPON TUESDAY



Donation boxes in classrooms

Amazon wishlist

Every Tuesday:

- Video bulletin announcement
- Twitter post
- Instagram post

#TAMPONTUESDAY

Feminine hygiene products are some of the least donated but most needed items at homeless shelters.



This project has brought awareness to Carmel High School and has helped break the stigma that there should be shame about getting your period.

We talk to everyone about the need for menstrual products. Having the boxes in classrooms has become a conversation starter and created a safe place for these conversations.

We had no idea there were already so many organizations focused on collecting menstrual projects. They have given us inspiration and ideas but we have also used social media to share this issue with others.

PHILANTHROPY

CHS holds successful feminine product drive for women in need

BY JORDI FAXON

In several classrooms across the Carmel High campus, one might notice a box, either yellow or with other colorful patterns, reading “Tampon Tuesday,” inviting students of any gender to make an effort to donate tampons or pads on not only Tuesdays, but every day of the week.

This project was spearheaded by CHS senior Clementine Chamberlain, who proposed it to This Club Saves Lives at the beginning of the school year, made these boxes with the help of the rest of TCSL to collect feminine products locally and so far has collected 4,000 individual donations from the boxes in classrooms, as well as from the club’s Amazon Wishlist and an online fundraiser.

Chamberlain says that her inspiration came from a separate community service project she worked on over the summer, filling backpacks with school supplies for the children of low-income families in Salinas. It occurred to her that they could also fill boxes with tampons to donate to homeless women.

“I thought this should be easy enough to do at CHS,” Chamberlain says. “We have so many resources, we might as well use those to help people in need.”

CHS health teacher and TCSL advisor Leigh Cambra has helped define the vision of the project and provide a network of connections to various shelters and organizations which could use donations of pads and tampons.

“This was Clementine’s idea, but we had also surveyed club members at one of the first meetings this year, and there was a lot of passion to help women, children and the homeless,” Cambra says. “This project... supports the passions of club members for this year.”

The mission of Tampon Tuesday isn’t just to provide these products for low-income families, though. Through weekly period facts in the audio bulletin, plus

informational videos made by CHS freshman Olivia Hansen in the video bulletin, they’ve also been trying to normalize the topic of menstruation.

“Tampon and pad are not dirty words that we should feel the need to whisper,” Chamberlain says. “The stigma around menstrual cycles makes women feel gross and ashamed, and I was hoping to address this by normalizing the topic in our community.”

According to Chamberlain, this project has seen its fair share of pushback from some students and teachers alike. Most criticisms, she says, assert that the drive has been too obtrusive and politically charged.

But even though there are some who provide negative feedback, most of the feedback has been positive; many students and teachers have already been donors of feminine products. CHS junior Ninamarie Franklin, for one, donated tampons to the Tampon Tuesday box in Room 24.

“I was actually talking to Clementine Chamberlain about it, and I never really thought about it before—how hard it is for women in homeless shelters,” Franklin says. “Then I talked to my mom about it, and she and I both agreed that we should donate.”

The group has donated tampons and pads to two shelters so far: Community Homeless Solutions Emergency Domestic Violence Shelter in Marina and Community Solutions in Gilroy.

As for future goals, the club hasn’t determined a specific number of tampons or pads that they want to raise because the club isn’t planning on getting rid of the boxes any time soon.

Cambra says, “The boxes will be out around campus indefinitely.”



This Club Saves Lives donates feminine products to Community Solutions Gilroy left to right, seniors Ishika Patel, Graça Maria Chavez, Chloe Obolensky, Aminah Khalil and Clem with chief development officer Lisa DeSilva.



THIS CLUB
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CARMEL HIGH SCHOOL

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