



ACTIVITY SPOTLIGHT

High School

Ruth Simonds
Paul Chylinski
Erin Tobias



Cancer Awareness Week

Ruth Simonds

More Than Just

Wearing Pink

Cancer Awareness Spirit Week



ACS Club's Cancer Awareness Pink Week

October 28th – November 1st

Monday-Friday stop by the table in front of the big gym to buy cancer awareness items.

Monday: Making a difference Monday. Come to the table in front of the big gym to sign the wall of Hope and get your free pink ribbon!

Tuesday: Wear the color of cancer that affects you most.

 Pink... Breast Cancer	 Black... Melanoma	 Gold... Childhood Cancers
 Teal... Ovarian Cancer	 Dark Blue... Colon Cancer	 Burgundy/Ivory... Head & Neck Cancer
 Clear... Lung Cancer	 Burgundy... Multiple Myeloma	 Lime... Lymphoma
 Purple... Pancreatic & Leiomyosarcoma	 Grey... Brain Cancer	 Peach... Uterine Cancer
 Orange... Leukemia	 Blue... Prostate Cancer	 Kelly Green... Kidney Cancer
 Emerald Green... Liver Cancer	 Teal/White... Cervical Cancer	 Teal/Pink/Blue... Thyroid Cancer
 Periwinkle Blue... Esophageal & Stomach Cancer	 Yellow... Sarcoma/Bone/ Bladder Cancer	 Lavender... All Cancers

Wednesday: "On Wednesday we wear pink". Wear pink in support of all those affected by breast cancer.

Thursday: Scare away cancer! Wear costumes or spooky clothes.

Friday: Rebels stand up against cancer. Wear blue and gold.

Tackle for a cure. Come to the QHHS vs PHS Varsity Football game at 7pm to support our Rebels!

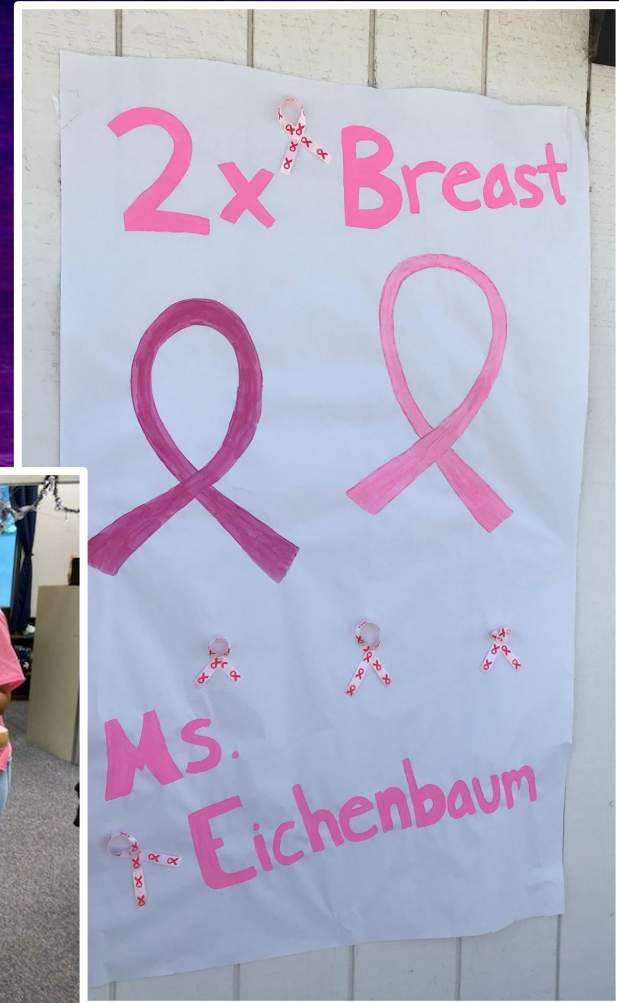
Wear a pink shirt for Pink Out!

Club members working at the Saturday Workday for Cancer Awareness Week





The finished
door
decorations
for our Staff
Survivors

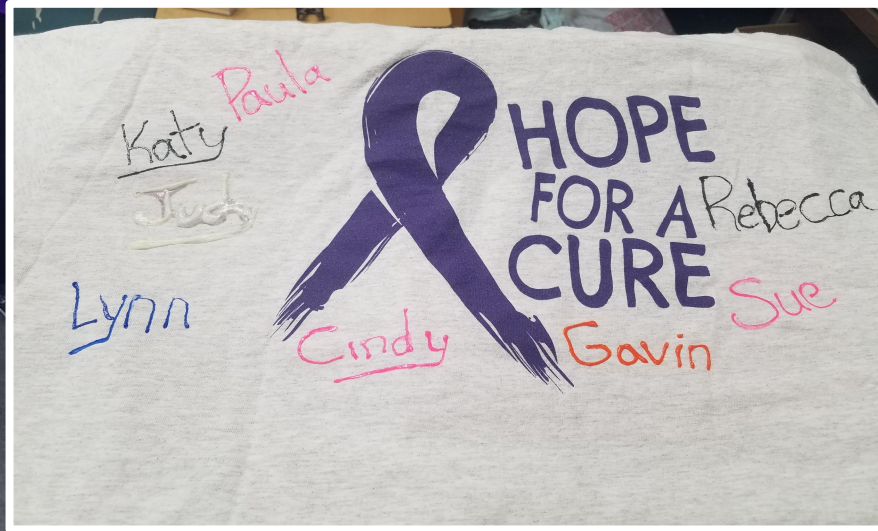


Daily Lunchtime Tables





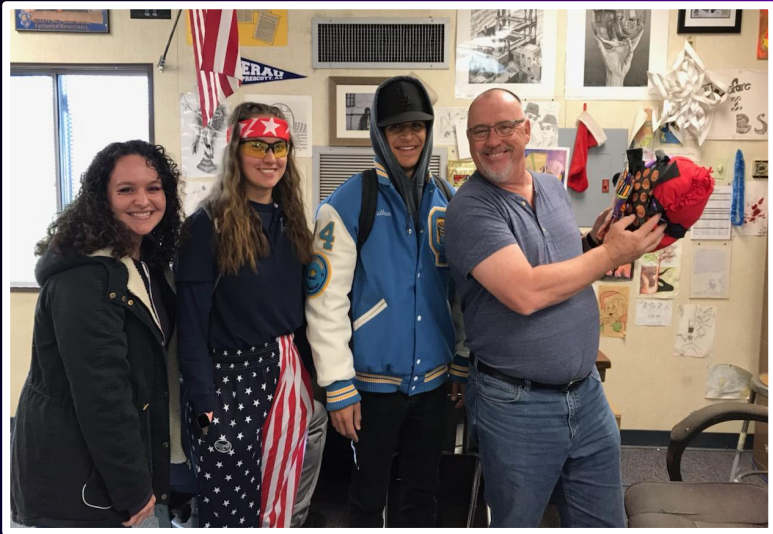
Wear the color of
Cancer that
affects you most





On Wednesday
we wear Pink

Gifts for cancer Survivors



Cancer Awareness Game/ Pink Night



**Thanks for
listening**



AUHSD SERVATHON



Paul Chylinski
Loara HS (Anaheim)
Past CADA President

4,000 Anaheim Union High School District Students Prepare for the 6th Annual Servathon on

January 20, 2020, Honoring Martin Luther King Jr. and National Day of Service

Anaheim, CA - January 19, 2020 - 4,000 Anaheim Union students are poised to participate in the sixth Annual AUHSD Servathon on Monday, January 20, 2020, coinciding with the Dr. Martin Luther King Jr. Federal Holiday and National Day of Service.

Students will be accomplishing more than 100 different service projects across the communities of Anaheim, Cypress, Buena Park, La Palma, and Stanton. The service projects, which range from the traditional, such as neighborhood or campus cleanups, to out-of-the-box initiatives, such as teaching technology to senior citizens, are designed to give students experiences that will better connect them with neighborhood businesses, the elderly, and younger students.

Superintendent Michael Matsuda, who initially proposed the idea of District-wide Servathon, is very proud of all the students, staff, parents, and the community that have institutionalized the event throughout the District: "The AUHSD believes in spreading kindness and compassion by providing opportunities that allow students to serve their community, and I am gratified by how enthusiastically students have embraced the concept." In addition, Superintendent Matsuda understands the importance this event has in creating connection: "In an increase student isolation and depression, many of our participants find healing in Servathon's capacity to connect within our community."

Attached is the list of Servathon projects; those taking place on our campuses are generally from 8:00 to noon. Thank you to all the staff members who are leading students in their service work. Thank you especially to Servathon chair Paul Chyniski for all his efforts.

AUHSD EVENTS MILK

SERVATHON

BE IN. BELIEVE. UNITE. DO.

JANUARY 20, 2020



AUHSD EVENTS MILK

SERVATHON

BE IN. BELIEVE. UNITE. DO.

JANUARY 20, 2020



AUHSB 2020 Servathon Projects

This form keeps track of everything happening on January 20, 2020

* Required

Email address *

Your email

UPDATE: Please give your shirts to the boys by December 7, 2012 so I can give them away appropriately.

SERVER

[illegible]

Learning With Purpose



College and Career Ready

Organization:

Advisor:

Community:

School Name:

Advisor:

AUHSD 2020 SERVATHON FOUNDATION



Monday, January 20, I will be serving my community by working at _____. You can pledge a donation in support of my service. I can collect your donation at this time or will return to collect your pledge by January 20th.

NOTE: **Make Checks Payable to AUHSD Foundation**

email	Phone	Amount	Check #	Cash	Paid
-------	-------	--------	---------	------	------

Ser

Student Name

Stu Perm. ID (6-or 7-digit)

Grade

Gender

Sample, Leslie

234567

9

F

Sample, Joanna

1234567

10

F

October 1-30, 2017

- ☐ Work with Servathon Committee all of your school's your site/community
- ☐ Begin getting the word out that Servathon is coming (teaser videos, etc.).

October 31, 2017

Make certain you send the or submit them through Google Forms to Paul Chylinski contact Paul Chylinski p@auhdsd.us

November 1-30, 2017

- ☐ Ensure campus participation drive is being led effectively and athletics, clubs & organizations are well on their way to success.
- ☐ Help where you can with announcements, school website, staff meetings, etc.
- ☐ Make certain to verify the total number of Servathon participants (those who have completed the necessary permission forms) and volunteer supervisors from your campus and that you have identified the activity in which each will be participating or supervising.

November 30, 2017

- ☐ Meet with your Servathon Coordinator to discuss location, and time(s); student participation

December 1-31, 2017

- ☐ Check in with the principal to discuss student participation
- ☐ Any contact with big donors please contact Paul Chylinski at p@auhdsd.us. We want this to be a true community event and the more the merrier. We need funding to pay for shirts and several other things, so any connections would be appreciated.
- ☐ Work with your principal to keep up the PR and build excitement.
- ☐ Prior to leaving for winter break, verify that you have enlisted sufficient supervision (staff and parents) to cover all of your site-generated service activities.

January 15, 2018

- ☐ Get involved in the project.

January 16, 2018

- ☐ Have a celebration project.

Servathon Coordinator's Checklist

POSSIBLY IF YOU THINK WE NEED IT September 26, 2017

POSSIBLY attend a meeting at Loara High School on September 26 at 3:00 p.m. in Room 208. Most of us have been doing this awhile so I don't think we need to formally meet. The main changes are we need to be more strict on deadlines for shirts and projects, and I want to use Google Forms to get things ordered.

October 1-30, 2017 **CHOOSE A PROJECT**

Work with principal, activities director, athletic directors, club advisors, and coaches to review the list of service activities generated by the Servathon Committee and determine if these will meet your site's needs. If these will not meet all of your school's needs, work with your team to generate a list of service activities specific to your site/community.

Begin getting the word out that Servathon is coming (teaser videos, etc.).

Work with your principal to present information about Servathon 2017 to your staff no later than October 31st. The sooner, the better—generate interest and ask for volunteers to supervise the activities that will take place on January 15, 2018.

October 31, 2017

Make certain you send the finalized list of site-generated service activities to Paul Chylinski, he can be reached through district email at p@auhdsd.us, by October 31st.

November 1-30, 2017 **GET MEMBERS**

Ensure campus participation drive is being led effectively and athletics, clubs & organizations are well on their way to success.

Ensure that the Servathon is being advertised everywhere: video and intercom announcements, school website, staff meetings, etc.

Make certain to verify the total number of Servathon participants (those who have completed the necessary permission forms) and volunteer supervisors from your campus and that you have identified the activity in which each will be participating or supervising.

November 30, 2017

Meet with your principal to verify that your activity list has been sent through Google Forms to Paul Chylinski. This list needs to include all of the following: the activity name, location, and time(s) of participation; volunteer supervisors' names and status (parent, teacher, etc.); student participant names, grade, and shirt size.

December 1-31, 2017 **REACH OUT FOR DONATIONS**

Check in with the principal, athletic directors, club advisors, and coaches to make sure their student participants are fully engaged in the process.

Any contact with big donors please contact Paul Chylinski at p@auhdsd.us. We want this to be a true community event and the more the merrier. We need funding to pay for shirts and several other things, so any connections would be appreciated.

Work with your principal to keep up the PR and build excitement.

Prior to leaving for winter break, verify that you have enlisted sufficient supervision (staff and parents) to cover all of your site-generated service activities.



Peace, Out

For all the files on Servathon, click [HERE](#)

COLOR RUN

Idea Credit: Christy Hertsch - Area D





300+ STUDENTS!



2016 COLOR RUN

Packages - Presale

Students Purchase:

\$15 - Participant Wristband, Tshirt, 1 color packet

\$20 - All above, Sunglasses, and 3 powder packets

Jog - A - Thon Style

Raise \$10, 20, \$50, \$75, \$100 Etc.

Packages become prizes for raising a certain amount

Budget

Color Powder \$100 for 25 lb box on Amazon

.4 lbs of powder per student (Bought 6 boxes for 350 students)

Shirts - Have white shirts printed

- Key is planning so you purchase the correct amounts.



Holi Powder Bulk by Chameleon Colors - Orange - 25 lbs. Pure, Authentic Fun - Perfect for a Color Races, 5k, Festival, Party or Any Oth...

★★★★★ 10

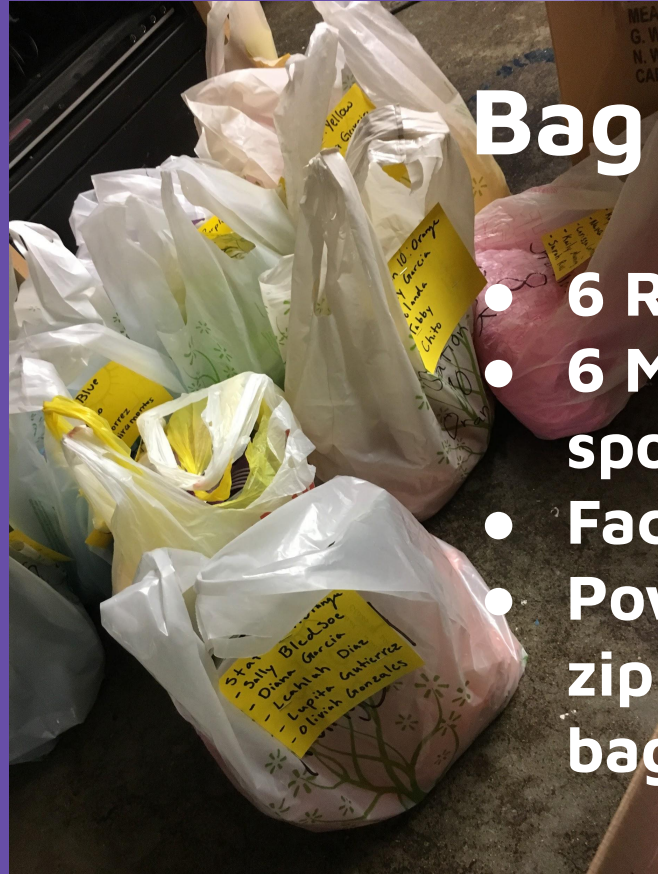
\$98⁰⁰

Pre-package bags



Colored Wristbands

Color Stations



Bag:

- 6 Red solo cups
- 6 Measuring spoons
- Face Masks
- Powder in large ziplock bags (1 bag per heat)

Tips

- **Heats of 30-50**
- **Get Wet at station 1**
- **Ziplocks for phones**
- **Map out color stations (6 stations min) Ask PE to help - 1 mile minimum**
- **MC/Music at end of race for grand finale throw, rope off section for them to gather**



**Want access to my color
run google folder? Send me
your email and I'll share**

Google Form:

tinyurl.com/colorrunfolder