

SHAKE

IT UP!

Give each member of the group a card with the name of a handshake on it. The card will also explain how to perform the handshake. People will go around trying the handshake on their card. Have people switch cards with each partner or every once in awhile, depending on the group. Make sure you introduce yourself to each other before you attempt your handshake.

THE FLIP

Even a handshake can be a power trip like this one. When you take this shaker's hand flip it over so your hand in on the top.

The Topper

This type of handshake puts a second hand on top of yours to make a handshake sandwich. This added touch says you really mean it.

The Squeezer

Squeeze your partner's hand as if you are a heart pumping.

THE FIST

Place your hand in a fist. One person goes up while the other person goes down with his/her fist. Then Vice Versa. Finally, hit your knuckles gently together.

The Thumb Hug

Do a high five with your partner. Then wrap your thumbs around the side for a Thumb Hug.

The Jellyfish

Bump fists with your partner. Then pull your hands away undulating your fingers like a jellyfish swimming away.

The Slide & Snap

Slide your right hands along each other. Then pull your hand away and snap your fingers.

The Flounder

Do a high five with your partner. Then make circles with your thumbs to make them look like the fins of a Flounder.

The Sway

When you take your partner's hand in yours just start swaying it back and forth between you, from left to right, as if you're holding hands with a jump rope.

The Slider

Slide your palm against the other person's palm. Then slide the back of your hands together.

The Thump

The "good ole' boy" handshake. Take your partners hand like you are going to arm wrestle the person. Then reach around with your left hand and deliver a resounding (not painful) thump on the back.

The Vise

Grab your partner's hand and grip it like you mean it. The goal is to get a firm grip without causing any pain.

The Pinkie Swear

Wrap your right pinkie around the other person's right pinkie. It's always fun if you add an opera "Whaaaaaaaaaaa" with it.

The Clock Clap

High Five up top at Midnight (the top of the clock).
Use your elbows as the center of the clock, then Low
Five at 6:30 (the bottom of the clock).

The Turkey

Have your partner hold out their open hand palm facing you. You place your fist with your thumb sticking out up to your partner's palm. It should look like a Turkey. Add a "Gobble, Gobble," just for fun.

THE GRAB

Just pull your partner in nice and close with this "invade your personal space" handshake.

The Weakest Link

Ever heard the expression “like a limp fish?”
That’s what your partner will think they are holding when they grab hold of this weak handshake.

The E.T.

Made famous by the 1980’s Movie. Place your index finger up to the other person’s index finger and say “Phone Home.”

The Balloon

Bump fists with your partner, then pull your hands away twinkling your fingers like the air is rushing out of the balloon.

The Hermit Crab

Have your partner hold out his/her fist. Place your hand looking like a moving claw underneath your partner’s fist.

The Finger Hold

It's at the tip of your fingers with this half of a handshake. Just take their fingers in yours and go from there. The palms aren't involved at all.

The High Five

It's the greeting that never gets old. You tap open hands gently with your partner.

THE FIST BUMP

It's your basic timeless classic. Tap your fist against the other person's fist.

THE PUMP

Pump, pump, pump, it up. You'll actually get your heart rate up as you shake hands while pumping your partner's hand up and down.

THE LUMBERJACK

Put your right fist out with your thumb up, have your partner grab your thumb in his/her right fist with his/her thumb up, repeat with your other hands, then move your hands back and forth in a sawing motion.

The Arrow

Place your hands together fingers facing forward like an arrow. Slide the back of your right hand on the back of your partner's right hand, then repeat with the left hands.

The Stir

Put your right fist out with your thumb up, have your partner grab your thumb in his/her right fist with his/her thumb up, repeat with your other hands, then move your hands around in a circle like you are stirring a big pot of soup.

THE SALMON

Place your forearm next to your partner's. Flap your hand next to his/her elbow like the tail of a fish.

THE SOUTHPAW

Use your LEFT hands instead of the commonly used RIGHT hands to do a basic handshake.

The Old Standard

Act of greeting someone by clasping their hand in yours and giving a brief, firm, up-and-down shake.

Seal

the Deal

This type of handshake is used to finalize an agreement or deal with another person. Seal the deal with one big pump up and down

THE SPOCK HIGH FIVE

Place your fingers in a Spock V shape. Split your index and middle fingers away from ring and pickie fingers. Then do a Spock High Five with your partner.