# CADA CASL

# Area B

Region 4: Mendocino, Lake, Sonoma, Napa, Solano, Marin; Region 5: San Francisco, San Mateo; Region 6: Alameda; Region 8: Santa Clara

# FALL NEWSLETTER

CADA/CASL "CELEBRATING 50 YEARS"

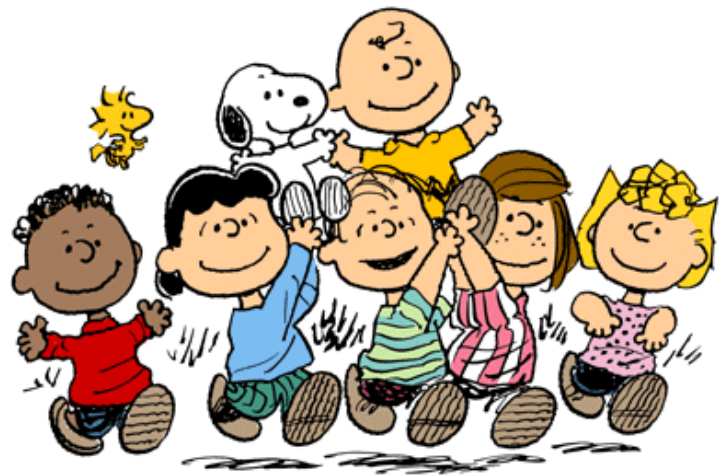August 2013

## Are You Ready?

### Welcome Back Everyone!

Some of you are already back and others will start soon or later in August. Regardless of when the year actually begins each of you has already either met with students, took them to camp, had retreats, got ready for orientation, have ordered spirit gear etc. or have thought about doing any of the above. As an ASB Advisor summer is never truly all ours to do as we please. That is the life of the activities advisor. Please consider coming to the **"Leading from the Peanut Gallery"** Area B Advisor Workshop, which will be bigger than last year. There will be a technology component where advisors will be introduced to websites and apps that are easy to use and fun too.

### Registration Forms Online Now!

September 21, 2013
James Logan HS
Area B Advisor Workshop

November 25, 2013
James Logan HS
Area B Student Conference
**www.cada1.org**

> **Try not to have a good time...this is supposed to be educational."**
> **— Charles M. Schulz**

We have improved the "**Meet the Pros**" session as well as the roundtable discussions that will answer any questions you may have. Resources will be reviewed and other materials shared. Each attendee will go home with a materials packet.
[Download Reg Form (PDF)](#) or [Register Online Now!](#)
The November student conference **"It's Called Leadership, Charlie Brown"** registration is open and many of you will be receiving a coupon to use when registrating. Look for the coupon by the end of August. The keynote speakers are Keith Hawkins and Laymon Hicks.
[Download Reg Form (PDF)](#) or [Register Online Now!](#)

**Area B is looking for middle and high adult presenters who want to share ideas with students at the November 25 student conference. Presenters will give three 35 minute presentations and will receive a stipend for each presentation. Contact Lorraine Martinez if interested at areab@cada1.org**

**Area B Council** is looking for advisors from Alameda and Santa Clara Counties who want to be part of this great group. If interested contact Lorraine Martinez at [areab@cada1.org](mailto:areab@cada1.org) to get an application.

**Area B** is looking for schools to host a LDD/Leadership Development Day. Get more information about this program and how it affects students at cada1.org or contact Lorraine.

**Want to present at CADA Convention?** Go to cada1.org under convention and application is there.



**Keypunch** A powerful exercise for learning how to work together, communicate and seek to improve performance in medium sized groups.



- Randomly lay out up to 30 numbered markers or spots in a set area. This forms the keypad.
- Create a starting/finish point up to 10 yards beyond the set area- the group must assemble here-hence they do not have clear view of the keypad either before the first attempt or in between attempts.
- Briefing: The group must touch all the numbered spots as fast as they can. The team is given five attempts and must complete all attempts within a 30 minute window, whilst seeking to A/ complete the task and B/ if possible better their time.  The group is penalized when a number is touched out of order and if more than one person is inside the boundary of the set area. The penalty may be, for example, that the group must start the attempt again but the time keeps ticking for that attempt.
- Give the team 5 minutes to plan, then begin the 30 minutes count down, and then start the timer for the first attempt. Time each attempt when they say they are ready to begin the next one.
- The team will eventually arrive at a variety of solutions including giving each member of the team a number (or several numbers) to step on in sequence as they run through the set area. After several attempts this 'ordering' will become more fluid.