

CASL STUDIO

DARE TO DISRUPT 2023 CASL STATE CONFERENCE

MS + HS: APRIL 13-15

HS ONLY: APRIL 15-17

WORKSHOPS

Maria Navarro	Humor is Key!	Learn how to use humor, allowing the team to reach its highest potential while working efficiently.
Gabby Torres	The Tug-of-War of Diplomacy	"Learn the ropes" of how to effectively collaborate and compromise within our leadership and school communities to take our events to another level!
Tanner Schinderle	Long Story Short	Join us as we discuss how to properly reflect on the lessons we learn from our experiences.
Eva Yassine	Shine Through the Darkness	Learn valuable skills to overcome critics, to shine as yourself, and to light up your entire campus.
Anna Toomey	Reworking the Growth Mindset	Redefine personal growth to enable us to better ourselves and achieve success.
Bella De Vita	Judge, Jury, and Expectations	When we make predictions about the success of our ideas, psychological biases can creep in and skew the accuracy of our judgments. Dive into the analysis of these biases to make our predictions more exact.
Lucy Goetz	Step Down to Lift Up	Discover how boundary setting can be a powerful and effective leadership tool.
Mihira Murthy	Lights, Camera, Criticism!	Learn how to be open-minded to constructive criticism.
Vanessa Sandoval	Goal-getters	Establish an action plan of how to go about achieving our goals and be proactive.
Ry Grady	Stepping Into Your Own Reality	Student leadership is often defined by being extroverted when in reality, it is much more diverse and complex.
Candice Li	Visionaries	It's time to bring a new perspective into our planning process. Let's learn together as we pave the way to becoming visionaries!

Anna Hun	Worthy of Love	Learn how to simultaneously serve ourselves and others while understanding how to separate our own self worth from our work.
Ella Hernand	Own Your Excellence	Ditch the self-made excuses. Through intentional reflection and engaging activities, we will gain new tools to combat imposter syndrome in this workshop.
Michelle Banci	Re-igniting the Flame	Recovering from burnout can be a challenging process, but developing the right skills can guide you on the journey.
Angela Rico	Self-Efficiency	Diminish the overbearing ideals of perfectionism and step into a realm of reality to learn how to more effectively empower yourself!
Giana Bove	PAY ATTENTION	Maintaining student engagement is a challenge we all face. Come learn real, tangible ways to establish and maintain engagement when planning events.
Keith Buenrostro	Tip of the Iceberg	Learn how to analyze the way we present ourselves as leaders to become approachable to our community.
Daniel Choi	Smile Till We All Make It	Let's explore how our attitude affects the success of our student leadership and our ability to build a positive school culture.
Aarush Gupta	Communication Cubed	The importance of communication is the cornerstone of student leadership.
Nandini Bhattar	Level 1: Initiative	Learn the layers to initiative and its importance within your leadership community.
Diane Kim	The Authentic Advocate	In order to successfully advocate and create tangible change, we must first be honest with our own values.
Sophie White	Mastering Motivation	Motivation is the pulse that breathes life and success into any team. Let's explore how to instill motivation within our teams to create a powerhouse for communal change.

