

TLHS Leadership Class Retreat

10:00-10:30—Meet, greet and eat

10:30-12:30—

- Introduction to ASB-WHY have ASB? What does it do for the school? Why is it beneficial for the students? Safe Schools info: **Protective Factors for Teen Violence Prevention**
Peer/School Protective Factors: Commitment to school, Involvement in extra/co-curricular activities Proud tradition: Who started Link Crew? Who got students the first planners? Who painted the mural outside the office? How many lives have been saved from EFM (three times), Challenge Day and Breaking Down the Walls? How many students have been given birthday greetings by ASB when even their families forgot? How many students have raised their grades to qualify for a Renaissance Card—because the school (ASB) cared about their grades? Futurist info
- How to be a successful member of a team
- How to get along with other people, work with many different personalities
- How to break a large task down into smaller parts
- How to manage their time
- How to think creatively
- How to implement a plan
- How to gain support from others

Ice Breakers, Team Builders, Set-up for Strategic Planning

- Whole Group
 - Line-ups: Birthdate, hair color, shoe size, middle name, height, number of buttons visible, eye color, age, DO SOME SILENTLY
 - Gotcha--Participants stand in a circle, arms out to the side. Left hand palm up, right index finger pointing down and touching on neighbor's outstretched palm. "When I say the word go, do two things.... grab the finger in your left hand, and prevent your right finger from being grabbed... 1 ... 2 ... 3... Go!".
- Two people

- Seven Fingers: two people, use one hand, hold up fingers to total 7 between two.
- Change 5 things: two people-back to back, change 5 things, guess—leaders are observant
- Still in group of twos: what do we have in common—find three things you have in common
 - Twos from above find two more—make group of four and find three NEW things you have in common
 - Form group of 8 and find three NEW things you have in common
 - Human Knots in groups—stand shoulder to shoulder, put right hand in and grab the hand of someone else—say hi, put left hand in and grab a different person’s hand and introduce yourself. Now untangle yourself without letting go (can change grips but not unclasp...)
- Five People
 - Family Game: Find your family...Pass out family papers Mingle, exchange cards with everyone you meet—tell them your name, and one thing about you... when “Find Your Family” is yelled—find same family members and line up in this order: *Papa, Mama, Brother, Sister, Baby*
- Individuals
 - Name game—made-up nickname (must be appropriate) with reason why eg: Jim-Jumpy Jim-he’s nervous, Carlos-caring Carlos-he’s there for you
 - Say name and something you did this summer—Cindy and I craved sunshine
 - Two truths and a lie
 - Toilet Paper Game or M & M Game
 - The Company You Keep—organize yourselves into groups of:
 - Left and right handed people
 - Your star sign (zodiac)
 - Favorite season
 - By number of siblings
 - People who like chocolate and don’t like chocolate
 - Meat eaters, vegetarians, and vegans
 - People wearing the same type of shoes (flip-flops, tennis shoes, etc)
- All My Neighbors (like musical chairs-place marker on floor in circle) (use list)

- Birth Order

First	Middle	Last	Only
Natural Leader	Flexible	Risk-taker	Close to parents
High Achiever	Easy-going	Outgoing	Self-control
Organized	Social	Creative	Leader
On-time	Peacemakers	Self-centered	Mature
Know-it-all	Independent	Financially irresponsible	Dependable
Bossy	Secretive	Competitive	Demanding
Responsible	May feel life is unfair	Bored easily	Unforgiving
Adult-pleaser	Strong negotiator	Likes to be pampered	Private
Obeys the rules	Generous	Sense of humor	Sensitive

Four Corners

1. If I had to see a movie, I would rather see: (A) Dumb and Dumber (B) High School Musical (C) Star Wars (D) The Little Mermaid. (Favorite Movie)
2. If I could go out to eat, I would eat at: (A) Red Lobster (B) Olive Garden/Pasta House (C) McDonalds (D) Applebees. (Favorite flavor of ice cream)
3. My favorite thing about myself is: (A) My personality (B) My looks (C) My car (D) My brain. (one goal you have for ASB this year)
4. If I had to give up one thing at home, it would be: (A) Air conditioning (B) Television (C) Microwave (D) Computer. (what are you willing to give up to have a great school)
5. If I could hold one of the four jobs listed, I would be: (A) Pilot (B) Webmaster (C) Teacher (D) Doctor. (What is the most important trait for a student in ASB?)

- If you like: Pepsi 1, Coke 2, Dr. Pepper 3, Mountain Dew 4 (One word to tell about your summer)
- If you like: Snickers 1, M&Ms 2, Hershey Bar 3, Tootsie Rolls 4 (Favorite snack)
- If you like: Batman 1, Spiderman 2, The Hulk 3, Superman 4 (Favorite subject)
- If you like: Bananas 1, Apples 2, Oranges 3, Grapes 4 (Most looking forward to this year in ASB)
- If you like: Fear Factor 1, Survivor 2, Apprentice 3, Road Rules 4 (Most worried about in ASB)
- If you like: Homer 1, Bugs Bunny 2, Mickey Mouse 3, Sponge Bob 4 (Favorite ASB activity)
- If you like: Rap 1, Rock 'n Roll 2, Country 3, Hip Hop 4 (Favorite song)
- If you like: Barney 1, Elmo 2, Tella-Tubby 3, Mr. Rogers 4 (One personal goal)
- If you like: Surfing 1, Skiing 2, Watching TV 3, Working Out 4 (One important goal for ASB)
- If you like: History, Math, English, Science, PE (How you will help with this goal)

12:30-1:00—Lunch—eat lunch with members of different classes

1:00-2:00—Strategic planning

- Taking stock of what we have-what we like about TLHS, what we would like to change (use RSVP model for summit)
- What does ASB Stand For/Do: Mission Statement
- Goal Setting
- Potential challenges ASB will face (form)

2:00-3:00—This year...homecoming, setting the tone, expectations/agreements...