

# Be Honest

Sometimes people use dishonesty as a way to attempt to resolve situations. The end result is too often undue suffering for many people. Honesty is a big part of acceptance, in that to accept a situation requires honesty that the given situation exists or existed. Truth, something I believe we all seek, is destroyed by dishonesty! Dishonesty is only destructive and painful to everything.

**Joseph Kaluza**

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Being honest is a large part of being trusted and respected. Honesty is a quality that is important when networking with people to make changes. Saying what you think and constructively being helpful is better than lying and stretching the truth to make things sound differently. Being truthful never hurt anyone!

**Melanie Coulas**

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HONESTY is a great characteristic to possess. Being honest does not simply imply that you always tell the truth to others. It also implies that you are true to who you are. When you pretend to be someone you aren't in order to "fit in," you aren't being honest with yourself. Be proud of who you are, because you are a special person. Don't let the desire to be popular keep you from doing what you want to do. Don't let it affect the way you act. If you know something is wrong, stand up for what's right. Be honest to yourself and your dreams. You deserve it!

**Elizabeth Linsley**

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Honesty is the best policy. We have all heard this saying, and most likely many times. Why? Because it's true! If you are an honest person people respect and trust you. You can go a long way. Honesty is not something that can be bought. It is something you must learn to have. If you are honest you never have to deal with a guilty conscience. Besides, if you tell a lie, it always leads to a bigger lie and the truth always ends up being known! Lying gets you nowhere when you really think about it. That's why you should be honest. It really pays out at the end.

**Lilly Field**

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Your honesty is one of the most important parts of your peacemaking and peacekeeping process. If you cannot be honest about your opinion in any given situation, you will have trouble solving whatever problem you may face. Be honest with yourself. When you ask yourself, 'Am I Doing The Right Thing?' answer yourself honestly. Because, if you don't you could seriously muck things up!!! :)

**Melissa Brooks**

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If one takes time to think about it, honesty really surrounds and envelops our whole lives. Every day, how many times does a person lie, whether it be a serious lie or just a small one like telling his or her best friend that they like the new hair do? Although there is no way of getting around the lies, we do have control over how often we lie, why we lie and who we lie to. Consciously, we should try to avoid lying at all costs. Lying is one type of misdeed that corrupts many people especially young people. If we begin today to change that, but thinking before we speak and trying to tell the truth unless it is absolutely necessary or proper to lie, than we will be setting an example for others, and then, hopefully, a trend will be started. Instead of the world, corrupted as it is, floating with lies, the truth will be able to resound and triumph.

**Aileen Kilgore**

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To me, honesty means telling the truth always, regardless of the situation. If you are honest, more times than not, you will feel like you just won a race, that's how great the feeling of being honest is. Most people will only be honest if there is something in it for them or if they are going to get in some trouble, those are the people who won't have that great feeling or who won't feel peaceful with themselves. I have heard all of my life that "Honesty is the best policy"...

and to tell you the truth, it really is!

**Michelle Andoniello**

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Honesty can be used for many purposes. Honesty can mend or maim relationships. The only way honesty can harm is when it is used without intention or integrity. Compassion is an important part of honesty. As great as it is to be

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truthful, to know when to keep quiet is even better. Is it possible to be TOO honest? Not if you do it with compassion.

When honesty is used as a weapon it is one of the most destructive tools available to everyone. Honesty can damage the human spirit. However, honesty can also better lives and enable people to help each other. Honesty as a weapon can be deadly, but honesty with a purpose of love and with compassion will make the world a better place.

The truth isn't always fun or easy, but rarely are worthwhile things fun or easy. Being honest is letting people know when they hurt you, not lying or blocking the truth; honesty is life. To live honestly you, in addition to being honest with others, must be truthful with yourself. My mom once reminded me that, "You have to start thinking about being honest with yourself." You can't live fully and completely without being honest."

***Stephanie Bullen***