

# Develop Values

Values are the gifts during life that we hold most dear. Values can be morals, feelings, people, material possessions, and many other things. While we sometimes take great care to preserve our material values, the most important values to keep are the abstract, or metaphysical values. A candy bar gives a moment of euphoria, but a feeling gives eternal reattribute. We should all take great steps to fill our life with valuable morals, feelings, ethics, and passions

**Joseph Kaluza**

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Values are what you believe in and something that you also want to instill in others, as they have been instilled in you. Values are strong beliefs of any kind.

**Melanie Coulas**

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Having high VALUES means you try to live your life so that when you look back on it you can be proud of yourself and your actions. Values, ethics and morals all tie in together.

**Elizabeth Linsley**

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Values are ethics and morals in practice. Basically, values are a persons beliefs translated into behavior. Having values are priorities of good behavior that a person has based on their experience, education and possibly spiritual background. Basically, values are a persons beliefs translated into behavior.

**Lilly Field**

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Your Values are sort of like the ethics you look for in other people. They are what you'll look for in someone's heart and in someone's mind when you wish to befriend them. Your values also affect what you look for when you decide what to do with your life-the values you choose in a job, a partner, or your lifestyle. Your values are important when you are making peace. It is the way you approach what you're doing and also the way you would look for someone else to do it.

**Melissa Brooks**

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Values are objects or qualities or feelings which you deem worthy of importance. Many times, the majority of a society has at least a few of the same values. As a whole, the world today places value on health, education, money, and relationships. Values are easy to decide upon and follow, until they conflict. For example, if you value your life but you also value popularity, you might have to decide whether drinking/smoking/doing drugs (or committing any violent act towards yourself or another) to be popular is more important than living a healthy life. Another value conflict that everyone has faced or will face at sometime is the age old battle of friendship versus happiness. This occurs in many forms and at many levels. You sometimes have to decide whether it is more important to be popular or really like the people you hang out with; decide whether to keep a "friend" who is damaging your happiness. Sometimes you might think you have made the wrong choice but it is best to live with no regrets and realize that life has a way of working itself out.

**Stephanie Bullen**

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A person has values. This term is closely associated with individualism and is what a person believes to be right and wrong. For me, alcohol and drugs are wrong. I cannot impose my values on another, though, because that person's values dictate what is right and wrong to that person.

When a person learns to listen to their heart and head rather than to the desire to fit in, values are easy to adhere to. I don't drink because I choose not to poison my body. I firmly believe that and reaffirm this belief every time a friend returns to school after spending the night puking.

My heart told me that this action was not right for me. Because I know it is not right for me, I can stick to my guns.

When a person is conflicted over what he or she believes or does not want to listen to their truth, bad value judgments can be made. The point is that it is not what is right for everyone else but what is right for you.

**Brooke Linville**