

Ice Breaker

An idea from Kim Karr, Excelsior Middle School, KKarr@byron.k12.ca.us

◆ **Woosh:** Students get in a circle and pass an invisible ball and as they pass it they say, “Woosh.” The recipient can say:

© Whoa: Blocks the ball and the passer must pass the ball to someone else. You can not Whoa a Whoa.
© Bong: Student with ball puts hand above head and squats and says, “Bong.” The circle then joins in too.

© Zap: Student can “ZAP” a student by pointing with both hands at target. You can not Zap your neighbors.

© Groove-a-licious: Student goes into the circle and waves hands, yelling “Groove-a-licious.” Circle joins in.

□□□□□□□□□□ © Superstar: Student yells, “Superstar” and everyone switch spots in the circle.