

Ice Breaker

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◆ **Inspirational Touch:** Participants lie face down on the ground or sit in a circle with their backs facing outward with their eyes shut. Once everyone is comfortable the facilitator will tap the individual that the “someone statement” most pertains to (they can select more than one for each statement). Once the facilitator has read through several statements the tapers will resume their positions on the floor with eyes closed and the next group will be selected.

- © Touch someone who has made an impact on your life.
- © Touch someone who makes you laugh.
- © Touch someone who you have learned something from.
- © Touch someone who makes you smile.
- © Touch someone who could be your brother or sister.