

Leadership Activity

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Rock Paper Scissors – ice breaker

1. Introduce the game and go over the moves: paper, palm on top of your palm; scissors, your index and middle finger pointed at your opponent like scissors, no rabbit ears; rock, your fist placed firmly on your open palm. Indicate how many times you will pump your fist (called a primer) so that on the third time both parties will present their choices with a winner and a loser. Explain that neither party should go really fast or really slow, but both at the same speed. Lastly, explain which shape beats which as some people may not know that paper beats rock, rock beats scissors or that scissors beats paper.

2. now, tell the audience they are going to walk around the room and introduce themselves saying “hi, my name is, would you like to play rock paper scissors?” Tell them they have to say yes, and courtesy must be observed as they greet everybody this way. When a person wins, have them jump up and down excitedly, when a person loses, have them jump up and down excitedly and then find someone else to play.

3. You can have people keep track of records, or indicate that one person must play against someone from the other side of the room. This is a good way to mix up the room and to get people to interact over a simple harmless game.