## **Leadership Curriculum (Lesson)**

## An Idea by Steve Southard, Activities Director, Sonora High School, ssouthard@sonorahs.k12.ca.us Personal Coat of Arms



First, draw a blank coat of arms divided up into six quadrants with a banner at the bottom.

- 1. Express in a drawing the most significant event in your life from birth to age 14.
- 2. Express in a drawing what you want to accomplish by the age of 65.
- 3. Express in a drawing your greatest achievement or success in the past year.
- 4. Express in a drawing your happiest moment in the past year.
- 5. If you had one year to live and were guaranteed success in whatever you attempted, what would you attempt?
- 6. Express in a drawing something you will never, ever forget.
- 7. If you were to die today, what three words would you like most to be said of you?