

Leadership Activity

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TEAMWORK

Throw a balloon into the air and have the group keep it airborne by hitting it with their hand(s). See how many times the group can hit the balloon before it hits the floor, furniture, or ceiling. Next have them discuss a strategy for improvement and start again. Have them discuss the success/failure of each new round and work to improve the group's score.

VARIATION: Have the group use two, three, or more balloons.

VARIATION 2: Participants can only use each hand once. After hitting the balloon with their left hand they can only hit it a second time with their right hand and not again until everyone has used both hands.