Leadership Activity
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TAP IT

INSTRUCTIONS: Give each circle of 8 to 12 members an inflated balloon. One person will then tap the balloon in the air and call someone’s name. That person must tap the balloon before it touches the ground while calling out someone else’s name. Have the group keep track of the number of successful taps it has before the balloon hits the ground. Have them discuss strategies on how to improve their score and then try again several times.

VARIATION: A person’s name may not be called again until everyone’s name has been called. Then everyone’s name must be called a second time before any name is called the third time, fourth time, and so on.