

## **Leadership Activity**

**An idea from Ron Jones, Retired, Del Oro High School, [ronjones@ncbb.net](mailto:ronjones@ncbb.net)**

### **UP IN THE AIR**

**INSTRUCTIONS:** Have four volunteers number inflate a balloon, tie it closed, and then number off. Ask number 1 to keep their balloon airborne using only hands. If the balloon touches the ceiling, furniture, or the floor their turn is over. Conclude their turn by thanking them, taking their balloon and giving it to number 2. Ask the second person to keep both balloons airborne using only hands. The same rules apply. Next have number 3 and then 4 keep all 3 or 4 balloons airborne using only hands. When a participant is unable to keep all of their balloons airborne I mention that I did not say “using only your hands.” They recruit helpers and are easily able to keep all of their balloons airborne.