

# Rallies that ROCK!!

Rallies are one of the most important events at your school since it is one of the few opportunities that your  
WHOLE SCHOOL IS TOGETHER!! Julie Larrivee julielarrivee@maderausd.org

## RALLIES THEMES :

**Video Game Rally** –Research all of the video games from old to recent. Create a video game film to open your rally with and if can make it 3D and give all students 3d glasses. Hide Marios around campus to pump up the kids. Highlight popular video games in your games and throughout the rally do something with saving the princess. Skits can be students playing a game and then the video game sucks them in and the rally is the video game. For posters do controller posters, anything super Mario, guitar hero (you could do that as game), Donkey Kong, Mine Craft, etc...

**Military Rally** –Highlight all branches of military. Army, Air Force, Navy, etc... Posters with Rosie the you can do it girl, American Flag and of course have some type of military tank. Involve your local organizations and have them do a drill, push up contest. Use their saying with be all that you can be, etc... .Save someone for a game. Colors can be camouflage or red, white & blue. Do something patriotic, honor /recognize a vet and make sure to have national anthem.

**Wizard of OZ-** (Your Mascot) Follow the Yellow Brick Road! Yes, have Dorothy, Scarecrow, Tin Man and Lion there or even the Wizard, Glenda and Wicked Witch of West! Decorations- Ruby Slippers, Emerald City, Munchkin Land and a yellow brick road. Games- squeeze milk from the scarecrow's cow, put together a large heart puzzle, falling from a high block and being caught by kids and breaking through a banner to gain courage. Wizard of Oz movie trivia or munchkin land game where kids have to be on their knees and carry a lollipop to various stations. Toto fashion show- have kids bring dogs to the rally. Great theme for a fun skit!

**Under the Sea-** Create a under the sea feeling with lots of blue balloons and fish posters. Use popular ocean shows or movies- Sponge Bob, Finding Nemo, Little Mermaid and Ocean Patrol. Games- sushi eating contest, surf on people, transfer the inflatable alligator. Props- volcano, waterfall and have kids dress up as sea like characters. Use inner tubes, find something in a small kiddie pool and even have kids put on a large ladies swimsuit and a flippers and goggles.

**Club Rave-** Turn your gym into a club. Have people dancing on boxes with flashing lights. Use blinking rings, neon, glow sticks, necklaces, and neon colors with black paper. Have a live DJ do the music with strobe lights and of course have a dance contest or your school's best dance crew. Do a best club wear contest/fashion show, have kids perform (rap, sing) and even have a dance battle between bleacher sections. Perhaps do a flash mob, make a super fast cocktail with blenders and who can drink it the fastest. Hirer a juggler who could juggle to glasses.

**Black Light Rally-** Yes, you can still have a theme! You can do Black Light Rave, Neon Craze, Space Odyssey or White Affair. You can use black light floor lights or tilt them upright and use zip ties to secure them to poles. You could also hire a lighting company to have it professionally done. Freestyle is the easiest or you can use Live Light in Fresno. Make sure you give out glow items- flashing rings, bracelets, necklaces, etc... I have ordered items from online- liquidlight.com, glow universe, blacklight.com, glows r us and windy city novelties. Windy city has blinking swords, balloons and glow beach balls- which are fun. Blacklight.com has balloons that glow. Make sure you try out all games and posters under a black light. Do not forget to cover any windows in the gym with black paper- do not use tarps. Look online on asbdirector.com or youtube for black light videos. Kids can wear all black and use neon duct tape to glow or spray paint masks. White t-shirts with dark neon paint looks the best. Get various groups involved to perform. Break dancers, cheer, dance, colorguard and drum line can do great things. Cheer- white poms or just wear white leggings. Drumline can put neon tape on their sticks. Games- neon inner tubes ride, inner tube flag football, big painter's suit stuff, glow balls with stick inside and remember spray any items with neon spray paint Make sure you

test out all games under black light. Use neon posterboard and neon spray paint works best for posters. Take clear painter's tarp and spray paint it- looks cool in the dark. Fill up clear balloons with neon glow in the dark paint, put glow items in balloons, blinky lights inside balloons.

**Battle of the Sexes Rally** -Create a unique theme- Bad Boys go to Bootcamp vs. Mean Girls go to Charm School. G.I. Joe vs. Barbie. Create a chant for both sexes to say and keep track of points throughout the game. Involve games that both sexes could win (eating, dancing, balance, trivia etc...). Not ones such as push-ups, running and use ones that cater to either sex- running with a book on head in high heels, tire course, crawl under a tarp. Remember to section your bleachers/sections into 2. You can do the color theme of blue and pink or try other things. Get students involved prior and have them do a dance off- boys perform a dance and then girls. Have judges and keep track of each competition to declare who won battle of the sexes. You can make shirts to promote the rally- Boys are Better – Battle of the Sexes 2011. Remember to use songs about sexes (Girls Just Wanna Have Fun, I'm Just a Girl, Bad Boys, Macho Man, etc...)

**Rev it Up Rally** -Involve motorcycles if possible. Use flames and red, orange, yellow and black colors. Get bandanas and leather/biker wear Throw out flame footballs and other flame things. Sunglasses are a big hit! Do fake tattoos at break or the day before for free. Games involve are things that move or transport (skateboard, bouncing ball, little tricycle). Songs such as Born to be Wild, Bad to the Bone, Life is Highway, etc...)

**Jungle Rally** -Make posters of various animals & animal prints. Lots of trees & leaves with posters & balloons. - Animal print balloons & jungle hats. Leadership wears black shirts w/ lots of holes & has a shirt under it. Do games w/ animal related things- bananas, peanuts, alligator rafts, green slime, blow up monkeys, gorillas. We rented from C and C Party Productions in Fresno a lion, tiger, palm trees, light up tiki face. Do a skit, turn the lights off & have kids camping w/ flashlights. Use cricket/ scary jungle music / The Lion Sleeps Tonight, Can't Wait to be King, Welcome to the Jungle,

**Vegas Rally**- Split classes into casinos. Caesars Casino- togas, leaf wreaths, pillars, Greek Gods, stomping on grapes, make a Caesar salad. Mandalay Bay- Hawaiian leis, hula skirts surf, shells, ocean, and kid pool with fish. Treasure Island- pirates, eye patches, swords, bandanas, - do a pirate eating contest or walk the plank- tie someone up. Excalibur- do a sword and the stone game and rescues the princess. Other Decorations- glitter- slot machines, dice, famous Vegas sign

**Hawaiian Rally**-You can decorate classes by different sea creatures- crabs, lobsters, star fish, sharks, dolphins or do different Hawaiian islands or things such as volcanoes, waves, surfers, coconuts. We rented palm trees, bamboo walls, etc... from C & C Party Productions in Fresno. We made palm trees out of balloons. Leis, mini sharks, shark necklaces- tons of stuff. Pineapple eating contest, squeeze the fruit with your legs game, limbo, dress up in Hawaiian gear game, transport kids on surf boards or rafts. Hula dancing contest and maybe have cheer, staff or even hire professional hula dancers- Polynesian Club of Fresno we did. Fire dancer was great. We even did a luau dance the night before to kick off the rally. We had tropical drinks and shell necklaces for all who attended. Music- Drews Famous Luau Mix, Beach Boys, Actual Tahitian Drums.

**Olympic Rally**- you can split the classes into varies countries or just display many countries. You can make various countries flags as decorations and or write things in different languages. You can buy small flags from Oriental Trading and make Olympic rings with link a loon balloons. You can also have students dress up according to different countries. We had a student come in running with a fake torch and light a big torch. We had various opening ceremony performance and shot off confetti streamer launchers in red, white and blue. Rent the confetti or streamer launchers from Live Light in Fresno- they are about \$25, but very cool. You can do games that deal with different Olympic sports. Eating or dressing contest with items from different countries. You could have a gymnastics or synchronized swimming funny performance. You could also get trampolines and have mats where people could fly into the air. We gave out lots of cheap medals and more expensive ones. Great medals from K2 awards.com. Use Olympic music and have your band involved with different songs. You can have someone sing or play the national anthem on an instrument.

**Movie Rally-**start off the rally with a skit of scenes from famous movies (Forrest Gump, Titanic, Jaws, Castaway, Twilight, Ghostbusters, 300, etc... or show scenes from famous movies. Have games that use popcorn, couches/lazyboys, candy, movie tickets or dress up like famous movie stars. Have a red carpet, director's chair even a Lights, Camera, Action sign. Use white, clear and yellow balloons for popcorn and make red and white stripe popcorn boxes for décor. Rent items from C & C Party Productions of Fresno – they have props including 10 foot golden Oscars.

**MTV Rally-** you can have each class represent an MTV show (Jersey Shore, Sweet 16, MADE, The Hills, If You Really Knew Me, etc...) Have a fake MTV video awards show with famous stars such as Taylor Swift, Beyonce, Kanye West, etc... Do a Lady Gaga dress up contest. Performances to popular songs. Have boys do a girl song- Katy Perry and girls could do a rapper song or even just dress up with fake 6 pack abs and mock "The Situation" or even have Snooki there. For decorations, have a huge TV made out of cardboards or make one with balloons.

**Timeline Rally-** (50s, 60, 70s, 80s and beyond) Divide classes into different times 50s- Grease, records, poodle skirts, sundaes, shakes, juke box, 60's- Peace, love, hippies, bell bottoms, flowers, Woodstock, 70's- disco, Saturday Night Live, glitter, disco ball, 80s- rock band, punk and neon. Create games or a skit about each of the different times.

**Salad Dressings Rally-** (Caesar, French, Blue Cheese, Italian, Ranch, Honey Mustard, etc...) Let each class be a dressing. Caesar- toga, Greece, etc... French- baguette, Eiffel Tower, Blue Cheese- have fun with it – just have blue cheese as a décor, Ranch- country, western horse, barn, Honey Mustard- anything yellow, bees, etc..

**Cereal Rally-** (Fruity Pebbles, Honey Nut Cheerios, Fruit Loops, Coco Puffs, Trix, Frosted Flakes, Honeycomb, etc.) Use the characters from the above cereals. Have scenes from the cereal- Fruit Pebbles- stoneage, Fruit Loops- jungle. Incorporate cereal in kiddie pool or even buckets where kids have to search to find something (spoon, item)

**Board Games Rally-** (Monopoly, Candyland, Clue, Life, Operation, Battleship, Twister, Shoot and Ladders, etc...) Create decorations based off the games, incorporate popular aspects from each game into one. Have a giant Twister board with various ingredients in the color spots (Red- ketchup, Yellow- mustard, Green-relish, etc...) You could have a murder mystery game like Clue or involve Monopoly money in a search game. Create a huge game board made from poster paper.

\*Rally Planning Categories: Organization = SUCCESSFUL rallies Theme, Decorations, Prizes/Give Aways, Games, Performances/Events, Recognition

\* Themes: Police, Winter ICE, Biker, Las Vegas, Battle of the Sexes, Workout, Jungle, Circus, Rave, Hawaiian, Movies, Olympics, Eras, Places, Haunted, Nickelodeon, MTV, Red Carpet, Sports, Movies, Eras, Road trip, Timeline, Countries, Space Odyssey, Board games, Salad Dressing, Cereal.

\* Theme Rally Title: EXAMPLES: Rev it Up, Bad Boys go to Boot Camp vs. Mean Girls go to Charm School, (Mascot) gets Physical, (Your school name) hits the Hawaiian Waves, (Mascot) Movie Magic

\* Decorations: Posters, Balloons, Props, Publicity, Costumes

\* Prizes/Give Aways: Quantity over quality. Buy or make things that go with your theme and are tangible- kids can keep or wear. Candy is cheap and great, but don't throw out hard candy. Balls can be good, but kids can throw back. leis, sunglasses, beads, hats, skinny balloons, rings, buttons, thunder sticks, pom poms, necklaces, noise makers, small footballs, confetti sticks.

For prizes, you can always do Prize #1, #2, #3 in different boxes- (1 Nice, 1 Funny, 1 Cool)

\* **Games**: Pre-selected students, Athletes, Students vs. Staff or call out random crowd members by volunteer or request a specific thing. (someone wearing purple socks, tweezers in their backpack). Get as many students involved. In order to avoid dead time, pre-select for at least one game or choose students, have a performance & then play game- so you have time to get the participants ready. **BIG & SIMPLE** games work best. Consider a game that is entertaining to your entire crowd & appealing to even that kid in the far back row. You should have a minimum of 2 games. You can do games between bleacher sections (big ball, loudest, etc...)

\* **Performances/Events**: Mascot, Cheer, Dance, Hip Hop, Teacher's dance, Sport Team dance, Drama skit, Folkloric dance, Security dance, Slide Show, Check presentation

\* **Recognition**: Student Awards, Teacher Awards, Athlete Awards, Makeover Results and Academic Awards (CST, Perfect Attendance, 4.0+, TOP 10 seniors)

## Other Rally Games:

- \* Burger King crowns, cut swim noodles in 1/2- have teams battle - see who can knock off opposing team's crown
- \* Have 15 kids lay on the ground, get a raft/surf board- person will lay on raft as they are passed by all of the people on the ground's hands.
- \* Class Competition Building Pyramid contest- 15 students for each class works best.
- \* Big Flexi glass w/ a piece of tape in a square, fill it with pb/ frosting have contest to lick it off
- \* Cool Whip on face and throw cheese balls (use showercap & goggles)
- \* Pie tin with flour and search for a piece of bubble gum. Find the gum and first one to blow a bubble wins!
- \* Do posters with kid's pictures or names on them /small fliers with individual name /list names in slide show
- \* Swim noodle w/ rope threaded inside, then attached to an inner tube, 2 people pull while one sits in inner tube.
- \* Get small circular clear tubes 1/2- 1 inch in diameter from a hardware store. Use a funnel and crack an egg in it. Contest is to see who can blow the hardest and cause the egg to go into the other person's face.
- \* Get a huge beach ball and see what bleacher section can transport it back and forth the fastest. You can also get painter's tarp, see what bleacher section can unroll it and roll it back the fastest.
- \* Buy white painter's suits, do a balloon stuff (each group gets same amount of balloons) roll them to the finish line
- \* Inner tube flag football- use duct tape with material as the flag- a blast
- \* Crowd Give-away- ask crowd 1<sup>st</sup> one to come and get a make-over (you can take them away to dress them or just use a permanent marker and draw a moustache.
- \* Organization is the key- divide into color groups- see attached agenda
- \* Create a class cheer, chant or noise- instead of just scream contest. Or use a sound meter (your Science Dept could have it) to see who really is the loudest)
- \* Have a pizza and have your host see which section is the loudest= wins the pizza
- \* Have someone dress up (example: Taco Costume) and have a Sombrero crew with kids giving away Tacos- remember kids will do anything for free food. Tempt them and make them scream for a while☺
- \* Create huge puzzle pieces that groups have to put together
- \* Race with small tricycles or rollerblades/rollerskates

## Other Rally Tips

- \* Have Leadership Students sign up for all of the rally jobs and give them time to fully understand game and set-up.
- \* Try to have a variety of people hosting and introducing performance
- \* Always try out all games and remember that they need to entertain to large audiences
- \* Rotate games with performances or recognitions- don't have 3 games in a row
- \* Greet students and maybe even something to kids as they walk in- adds more the excitement
- \* Have lots of music that goes with the theme & play for intros and exits- rallies should never be quiet

\*Have something going on as students enter (remember there are kids that will sit for over 15 minutes until rally begins- do something with the theme.

\*And the #1 rally tip is to try to avoid having any DEAD TIME (when nothing is going on or silence).

# GAME DETAIL SHEET- Example

**Title of Game:** Obstacle Course

**How many people will play?** 2 teams of 5 people- total of 10. You will ask crowd members to come down. Hosts will have 5 pink beads & 5 purple beads to separate the kids into 2 teams

**What is the object of the game?** 1<sup>st</sup> team to give baton to host wins.

1<sup>st</sup> station- Student #1 puts on clown shoes, has baton in hand and does limbo under 2 different pvc pipes.

2<sup>nd</sup> station- Student #2 gets baton and has to bounce on ball to other 3 students waiting.

3<sup>rd</sup> station Students #3, #4, #5 have inner tube with noodle and must pull a student (student in tube has baton) all the way back to the host.

\*1<sup>st</sup> team to give baton to host wins.

**How many winners or prizes needed** 5 t-shirts

**List all items needed for game (include quantity):**

4 clown shoes (2 pairs)

4 pvc pipes

5 pink beads

5 purple beads

2 bouncy balls w/handles

2 inner tubes

2 ropes

2 noodles

2 batons

**List how many people need to help and what their job is:**

8 people to hold pvc pipe

1 person to have 5 t-shirts= prizes

5 people to demonstrate

**Diagram of set-up**

## *Rally Theme Brainstorming*

Theme: \_\_\_\_\_ Title: " \_\_\_\_\_ "

What we will wear as Leadership?

What are some ideas for the balloons?

What are some ideas for the posters or poster sayings?

What are some ideas for the games?

What are some ideas for an opening skit?

What are some ideas for songs that go with the theme?

What are some other ideas that we could do (performances, have guests, involve teachers, slide show>??)

What are some ideas to help recognize the athletes?

