

We Are What We Repeatedly Do

*"We are what we repeatedly do. Excellence, then, is not an act, but a habit."
- Aristotle*

Being a Leader In and Out of Class

We need to make it a habit of being a leader in all aspects of our lives

This Includes:

Social Media
Everyday Life
School
Family

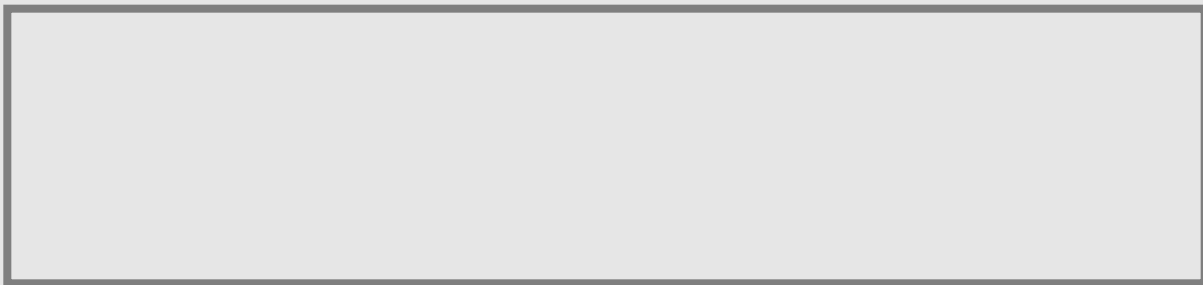
It takes an average of 21 days to **make** or **break** a habit.

What are you doing to get your habits the way you want them to be?

We Are What We Repeatedly Experience

Our 5 closest friends are the best representation of us. Who are you surrounding yourself with? What do they say about you as a person?

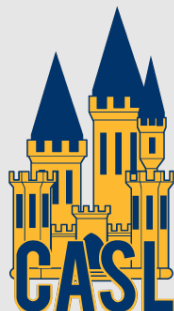
In a way our habits become us. We are what we repeatedly do. So what are **you** doing? And what are **you** going to do to change it?



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