

## CRAZY PAPER BAG RELAY

Directions: Cut the following commands into slips and place them in a brown paper bag. Create as many bags as you need based on the number of teams competing. Place each bag on a chair equal distance from each team's starting line. All competitors must complete all commands in the bag. The first team to finish wins the game. I usually only cut out 10 items. We have used this at retreats as well as a rally. I don't know where I got this or from whom but it is a lot of fun. Linda Cooper ([lindacoope971@gmail.com](mailto:lindacoope971@gmail.com)) 209-765-3850

- Run around the chair 5 times clapping and yelling "the teacher is coming."
- Stand on a chair and recite the Pledge of Allegiance as loud as you can.
- Run to an adult and whisper in their ear, "You are no spring chicken"
- Do 25 jumping jacks
- Jump an imaginary rope for a count of 30
- Bark as loudly as you can for a count of 20
- Sing Happy Birthday to someone older than you
- Lay down on your back and bicycle in the air with your legs for a count of 20
- Run in place while reciting the alphabet twice
- Act like a bird flying around the chair (3 times) and the land on the chair
- As a group, sing the Star Spangled Banner very loudly
- Sit Indian style on the floor in a line, and pretend you are rowing a boat while you sing "Row, Row, Row your Boat twice.
- Go to a door, act like a cat, and meow loudly ten times
- Lay on the floor and slither like a snake making a snake sound for 20 counts
- Run around pretending to be Jack looking for Rose from the Titanic yelling her name for 20 counts
- Stand on a chair and roar like a lion for a count of 15 seconds