

101 Ideas to inspire your ASB (making students into leaders)  
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1. Look up and see others – practice
2. Say “hello” to everyone – practice
3. Learn to shake hands - practice
4. Learn to ask questions - practice
5. Care – follow up with “tell me more”
6. Who are you? – Full body pictures (head, hands, arms, feet, legs, heart)
7. Masks – Who are you without mask?
8. Inspire ...bracelets/dots
9. Inspire ... yourself
10. Inspire ...others in ASB
11. Inspire ... your school – bracelets/dots
12. Tie a knot – bracelet
13. Big fears – into the fire
14. Little fears – into the fire
15. Represent yourself – role playing
16. ASB shirts on-street clothes
17. Star fish
18. Pipe cleaners – just say “no”
19. Popsicle sticks – try it for a week
20. Journals – Date, talk to yourself
21. Bring a friend
22. Eat with someone new
23. Attend something outside comfort zone
24. Partner paper airplanes
25. Partner shoe tying
26. Safety pin
27. Penny in your pocket/rock in your shoe
28. Watch a movie
29. Play children’s board games
30. Circle story-each time make it better
31. Finish the picture
32. Note on their locker
33. Note in their mailbox
34. Put up pictures
35. Write “words of wisdom”
36. Students create own “words of wisdom”
37. Bowl
38. Miniature golf
39. Charades
40. Lazar tag
41. Ping pong
42. Capture the Flag
43. Tug-a-war
44. Weekend away
45. Food fight
46. Adopt a family
47. Reach out to class
48. Week with someone you’re not too close to
49. Fill other’s shoes
50. Share something of yourself
51. Lend a hand
52. SMILE

53. Why you not me
54. Find that invisible student
55. Carve a pumpkin
56. Decorate a tree
57. Build a bridge to ASB
58. Build a bridge to school
59. Hands across campus
60. 3 things you like about person on your right
61. Why is the person on left unique
62. Read a book together
63. Thought for the day/write about it
64. Look at it differently-lay on the floor
65. Look at it differently-through the eyes of others
66. Plant a seed. Watch it grow...what happens
67. Thank you note- once a week
68. Light a candle
69. Wash your hands-why
70. Decorate a cake
71. Clothes inside out
72. Trade shoes
73. Map it out - How far can we go
74. Story telling
75. What if – we were “perfect high school” USA
76. Popcorn chain
77. Say “wow” backwards
78. Good enough never is
79. 1/2 Full or the entire glass
80. Walk backwards-what would you change
81. Guess the next word
82. Food from home
83. Eat a meal backwards
84. Ring my bell
85. Rubber bands-when we stretch ourselves
86. Two Losers make 1 winner
87. From the heart
88. Letter to yourself
89. Pat on the back
90. Welcome at the door
91. Decorate your door
92. Friendship Links
93. Share favorite song
94. Read a book together
95. View Art – Explain backstory – Compare
96. One word – Finish the Sentence
97. 5 step hand shake
98. Notes on your back
99. Finish the picture
100. Personal mission statement-revisit it
101. YES