

Lessons That Make Your Brain Happy!

Left Brain

“digital brain”
controls reading and
writing, calculation,
and logical thinking



Right Brain

“analog brain”
controls
3D senses, music
awareness, creativity
and artistic senses

Amygdala: responsible for the response and memory of emotions, especially fear

Hippocampus: responsible for the processing of long term memory, emotional responses, and the memory of the location of objects or people

Leadership Implications

Make connections

Pair experiences to concrete information

Tie senses and emotions to learning

Provide purposeful feedback

Make activities meaningful

<i>Lessons & Activities</i>	<i>Notes</i>
Peanut Parade	
Tic Tac Toe	
Straw Challenge	
<i>Lead India - The Tree</i>	
Leadership Song Presentations	
Alphabet cookies	
Paper-Tearing Communication	
<i>UCLA Squirrels</i>	
100 on 6	
Shape of Leadership	
Meaningful evaluations	

