

# Sportsmanship and Spirit at Your Athletic Events

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## Sportsmanship

CIF's "Pursuing Victory With Honor," in its essence, will provide the tools to teach character development skills to the student-athletes and spectators of California high schools.

Everyone involved in competition including parents, spectators, associated study body leaders, and all auxiliary groups, have a duty to honor the traditions of the sport and to treat other participants with respect.

**What can we do in ASB to promote sportsmanship at athletic events???**

### Leading Up to the Game

•Meet with the other school several weeks ahead of time and discuss how to keep the rivalry in-check – posters, campus vandalism, cheers at games.

- Have both ASB's get together for dinner.
- Make spirit posters together.
- Focus on a positive message that promotes your school, your team, your school family.

Collaboratively create and present Unity Posters

- Keep it positive - never stage any sign or "stunt" which degrades another team's name, mascot, or logo.

### The Game

- Both ASB's come onto the field and have the ASB Presidents read a sportsmanship statement.
- Both bands march in and perform the National Anthem together.
- Home ASB hosts a pre-game "tailgate" for the visiting ASB.
- Both schools' cheer/dance teams perform together prior to the game or at halftime.
- The home team's cheer and student spirit sections perform a "Welcome Yell."

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## Spirit

**How can ASB create school spirit at athletic events?**

**Create a Student Spirit Section and give it cool name!!!**

- Viking Nation
- The Green Hole
- Wildcat Pack
- The Blue Zoo
- Dawg Pound
- The Red Zone
- Reserve a section in the stands for just the student spirit section.
- Have a theme dress-up – Hawaiian, Pink Out, PJ's, Patriotic, Halloween Costumes, Day at the Beach, Christmas Dress Up, workout wear, camo, animal print, neon party, jersey.
- Create a spirit shirt for the spirit section and keep the price affordable, (\$5 is a good price point.)
- 30 second pump up video for morning announcements

**Crowd Involvement Cheers**

- Positive chants which focus on your team
- \* Roller Coaster
- "If You're Winning and You Know it, Clap Your Hands"
- "I Believe"
- Silent Night
- Flash Mobs
- Mannequin Challenge**
- Remember that it takes time to build and sustain traditions
- Winning Teams help, but you can still have fun if your teams are struggling.
- Always remember to keep chants positive and school appropriate.

**Find more fun student section chants on YouTube**