

# Day of Understanding

## Assembly

Process: Students have an opportunity to tell someone how much they mean to them. Students can ask some student or staff member for forgiveness (Powerful moment).

Focus: Connection, Acceptance, Inclusiveness, Empathy, and Value for each other.

Goal: Create an environment where being vulnerable is accepted, respected, and valued (We all have a story).

## Training

Process: 3hr training will follow right after the assembly. Fun experiential activities that will prepare your student leaders for your Day of Understanding.

Goal: Teach the leaders how to facilitate large and small groups. Help build the leaders confidence. Lastly, to help them take ownership of the school culture, and climate.

## Day of Understanding or Days

Process: 50 students from each grade will attend the day. 50 facilitators will lead the day. The gym is decorated and has a feel of celebration.

Goal: Students feeling empowered to create positive change on their campus. Students having value for each other, especially for people who are different from them.

Students being aware of how their actions make other student feel. Learn how important forgiveness is to the culture of their school.

## Follow up to R.E.A.L Talk

Process: Advisor will have a meeting once a month for students who want to talk about high school life.

Goal: Help students create positive relations on campus. Empower students to deal with issues. Give them tools to have a positive attitude daily. Help students lead the life that they want.

R.E.A.L.



Relationships



Empower



Attitude



Leadership



