

E-5: Quotation project to motivate and promote excellence.

I have a tradition in my class where kids present a quote they love and must make it creative, with their photo, the original author of course and then tell why it relates to ASB. My walls are filled with years of quotes from kids...everyone loves it...recently my AVID students wondered why they did not get to do this activity. SO....duh.....I let them do it...however we are making it go all across the entire campus. AVID kids are currently creating motivational posters which will be laminated and posted in every classroom on campus! The kids are excited to be published.

QUOTATIONS

THIS IS IT!

“Don’t count time. Make time count.”
—Colleen Francis

“Life is like pizza. Even when it’s bad it’s good.”
—Paula Devico

“There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”
—Albert Einstein

“Life is either a daring adventure or nothing.”
—Helen Keller

“Knowledge is power, but enthusiasm pulls the switch.”
—Ivern Ball

“Life is a journey, not a destination.”
—Unknown

“Happiness is found along the way, not at the end of the road.”
—Sol Gordon

“Make your life a mission, not an intermission.”
—Arnold H. Glasgow

“Nothing great was ever achieved without enthusiasm.”
—Ralph Waldo Emerson

“Nothing is worth more than this day.”
—Johann Wolfgang von Goethe

“Take a chance! All life is a chance. The man who goes furthest is generally the one who is willing to do and dare.”
—Dale Carnegie

“The best way to secure future happiness is to be as happy as is rightfully possible today.”

—Charles W. Eliot

“There are no traffic jams when you go the extra mile.”

—Unknown

“Life is a great big canvas; throw all the paint on it you can.”

—Danny Kaye

“Anywhere is paradise; it is up to you.”

—Unknown

“Someday is not a day of the week.”

—Unknown

“When life hands you a lemon, say 'Oh yeah! I like lemons – what else have you got?' ”

—Henry Rollins

“Twenty years from now you will be more disappointed by the things you didn't do than by the things you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

—Mark Twain

“Today is a great day!”

—Unknown

“Ride life until the wheels fall off.”

—Unknown

QUOTATIONS

OWNERSHIP

“Life is change. Growth is optional. Choose wisely.”
—Karen Kaiser Clark

“To feel joy requires a decision on our part. It is a chosen approach to life, a chosen attitude, a chosen awareness.”
—Jaroldeen Asplund Edwards

“I choose to have a great day today.”
—Unknown

“The power to choose always gives you the final say.”
—Unknown

“Always be the first-rate version of yourself and not a second-rate version of somebody else.”
—Judy Garland

“No one’s happiness but my own is in my power to achieve or destroy.”
—Ayn Rand

“To be a champ you have to believe in yourself when nobody else will.”
—Sugar Ray Robinson

“The best way to predict the future is to invent it.”
—Alan Kay

“The last of the human freedoms is to choose one’s attitudes.”
—Viktor Frankl

“I discovered I always have choices, and sometimes it is only a choice of attitude.”
—Judith M. Knowlton

“Never ruin an apology with an excuse.”
—Kimberly Johnson

“If you choose not to decide, you still have made a choice.”
—Neil Peart

“If you think you can or you think you can’t, you are right.”
—Henry Ford

“Optimism is an intellectual choice.”
—Diana Schneider

“If you blame others for your failures, do you credit them for your achievements?”
—Unknown

“First we make our habits, then our habits make us.”
—Charles C. Noble

“Be the change you want to see in the world.”
—Mahatma Gandhi

“You are not only responsible for what you say, but also for what you do not say.”
—Martin Luther King

“It is our choices that show what we truly are, far more than our abilities.”
—Joanne Kathleen Rowling

“Do not wait for your ship to come in. Swim out to it.”
—Unknown

“Life is a sum of all your choices.”
—Albert Camus

“Life is ten percent what happens to you and ninety percent how you respond to it.”
—Lou Holtz

QUOTATIONS

SPEAK WITH GOOD PURPOSE

“Kind words can be short and easy to speak, but their echoes are truly endless.”
—Mother Teresa

“Profanity makes ignorance audible.”
—Unknown

“Friendship is a strong and habitual inclination in two people to promote the good and happiness of one another.”
—Unknown

“I must admit that I personally measure success in terms of the contributions an individual makes to his or her fellow human beings.”
—Margaret Mead

“What do we live for if not to make life less difficult for others?”
—George Eliot

“If fifty million people say a foolish thing, it is still a foolish thing.”
—Anatole France

“There is only one rule for being a good talker – learn to listen.”
—Christopher Morley

“Conversation is an exercise of the mind. Gossip is merely an exercise of the tongue.”
—Unknown

“Don’t smother each other. No one can grow in the shade.”
—Leo Buscaglia

“The most important single ingredient in the formula of success is knowing how to get along with people.”
—Unknown

“Time and words can’t be recalled, even if it was only yesterday.”
—Estonian Proverb

“Always be a little kinder than necessary.”
—Sir James Matthew Barrie

“Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.”
—Buddha

“Kind words do not cost much. They never blister the tongue or lips. They make other people good-natured. They also produce their own image on men's souls, and a beautiful image it is.”
—Blaise Pascal

“Those who bring sunshine to the lives of others cannot keep it from themselves.”
—Sir James Matthew Barrie

“Gratitude takes three forms: a feeling of the heart, an expression of words, and giving in return.”
—Proverb

“Attitudes are contagious. Are yours worth catching?”
—Unknown

“Kindness, like a boomerang, always returns.”
—Unknown

The words we say will teach if we practice what we preach.”
—Unknown

“Don't speak unless you can improve on the silence”
—Spanish Proverb

QUOTATIONS

COMMITMENT

“Unless you try to do something beyond what you have already mastered, you will never grow.”

—Ralph Waldo Emerson

“Skill and confidence are an unconquered army.”

—Unknown

“Success seems to be largely about hanging on after others have let go.”

—Unknown

“Some of the world’s greatest feats were accomplished by people not smart enough to know they were impossible.”

—Doug Larson

“The trouble with opportunity is that it always comes disguised as hard work.”

—Herbert V. Prochnow

“Goals are dreams with deadlines.”

—Diana Hunt

“Remember that triumph is just a little 'umph' added to 'try'.”

—Unknown

“Some people succeed because they are destined to, but most because they are determined to.”

—Unknown

“Motivation is when your dreams put on work clothes.”

—Parts Pups

“By being willing to do whatever it takes, you can literally change the world.”

—Unknown

“Being committed to something is really a two step process: first, you must discover your passion and then you must decide to follow it, no matter what.”

—Unknown

“Whatever it takes!”

—Unknown

“We are told that talent creates its own opportunities. But it sometimes seems that intense desire creates not only its own opportunities, but its own talents.”

—Eric Hoffer

“There's a difference between interest and commitment. When you're interested in doing something, you do it only when circumstance permit. When you're committed to something, you accept no excuses, only results.”

—Unknown

“Unless commitment is made, there are only promises and hopes ... but no plans.”

—Peter F. Drucker

“Go confidently in the direction of your dreams. Live the life you have imagined.”

—Henry David Thoreau

“If you deny yourself commitment, what can you do with your life?”

—Harvey Fierstein

“Promise a lot and give even more.”

—Anthony J. D'Angelo

“I'm doing what I think I was put on this earth to do. And I'm really grateful to have something that I'm passionate about and that I think is profoundly important.”

—Marian Wright Edelman

“The first step to getting the things you want out of life is this: Decide what you want.”

—Ben Stein

“Eighty percent of success is just showing up.”

—Woody Allen

“The journey of a thousand miles begins with one single step.”

—Chinese Proverb

QUOTATIONS

FAILURE LEADS TO SUCCESS

“Mistakes are a fact of life. It is the response to error that counts.”

—Nikki Giovanni

“Winning means rising each time you fall.”

—Unknown

“The only true security in life comes from knowing that every single day you are improving yourself in some way.”

—Anthony Robbins

“I’ve failed over and over and over in my life and that is why I succeeded.”

—Michael Jordan

“The real winners in life are those who keep trying.”

—Unknown

“To be successful you have got to be willing to fail.”

—Unknown

“The line between failure and success is so fine that we scarcely know when we pass it; so fine that we are often on the line and do not know it.”

—Elbert Hubbard

“There isn’t much thrill in success unless one has first been close to failure.”

—Unknown

“A man is not finished when he’s defeated, he’s finished when he quits.”

—Richard Nixon

“Our greatest weakness lies in giving up. The most certain way to succeed is to try just one more time.”

—Thomas Edison

“The only place you will find success before work is in the dictionary.”

—May B. Smith

“Mistakes are the portals of discovery.”

—James Joyce

“It's always too soon to quit.”

—David T. Scoates

“It is better to have enough ideas for some of them to be wrong, than to be always right by having no ideas at all.”

—Edward De Bono

“A life spent making mistakes is not only more honorable but more useful than a life spent in doing nothing.”

—George Bernard Shaw

“Experience is simply the name we give our mistakes.”

—Oscar Wilde

“Fear of failure must never be a reason not to try something.”

—Frederick Smith

“There are no secrets to success. It is the result of preparation, hard work, and learning from failure.”

—Colin Powell

“Try and fail, but don't fail to try.”

—Stephen Kaggwa

“Failure is not falling down but refusing to get up.”

—Chinese Proverb

“If you're not making mistakes, you're not trying hard enough.”

—Vince Lombardi

“I learned much from my teachers, more from my books, and most from my mistakes.”

—Unknown

QUOTATIONS

INTEGRITY

“Every job is a self portrait of the person who did it.”
—Author unknown

“Always do right, it will gratify some and astonish the rest.”
—Mark Twain

“Keep company with those who make you better.”
—Author Unknown

“Integrity simply means a willingness not to violate one’s identity.”
—Eric Fromm

“Self-esteem is the reputation we acquire within ourselves.”
—Nathaniel Braden

“We attract hearts by the qualities we display; we retain them by the qualities we possess.”
—Jean Baptiste Antoine Suard

“The measure of a man's real character is what he would do if he knew he would never be found out.”
—Thomas B. Macaulay

“We are what we repeatedly do. Excellence, therefore, is not an act but a habit.”
—Aristotle

“Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful.”
—Samuel Johnson

“Integrity is doing the right thing even if nobody is watching.”
—Unknown

“One of the most courageous things you can do is identify yourself, know who you are, what you believe in and where you want to go.”
—Unknown

“Living in integrity means having a clear conscience, a strong character and feeling good about yourself.”

—Unknown

“Integrity is what we do, what we say, and what we say we do.”

—Don Galer

“Integrity has no need of rules.”

—Albert Camus

“We should be what we want to see.”

—LeGrand Curtis

“If you think education is expensive, try ignorance.”

—Derek Bok

“People forget how fast you did a job but they remember how well you did it.”

—Howard Newton

“Integrity is knowing the truth and telling it.”

—Unknown

“One person of integrity can make a difference.”

—Elie Wiesel

“Great spirits have always encountered violent opposition from mediocre minds.”

—Albert Einstein

QUOTATIONS

FLEXIBILITY

"The most important trip you may take in life is meeting people halfway."
—Henry Boye

"Most barriers to your success are man made, and most often you are the man who made them."
—Frank Tyger

"Stay committed to your decisions, but stay flexible in your approach."
—Tom Robbins

"Things turn out the best for the people who make the best of the way things turn out."
—John R. Wooden

"We must either find a way or make one."
—Unknown

"The road to success is often off the beaten path."
—Frank Tyger

"As long as you're going to be thinking anyway, think big!"
—Donald Trump

"Think outside the box."
—Unknown

"I stand on my desk to remind myself that we must constantly force ourselves to look at things differently."
—N. H. Kleinbaum

"What on earth would a man do with himself if something did not stand in his way?"
—H. G. Wells

"Know fear and do it anyway."
—Unknown

"If at first you don't succeed, try something else."
—Unknown

“Trust yourself. You know more than you think you do.”
—Benjamin Spock

“Anywhere is walking distance, if you've got the time.”
—Steven Wright

“Change the way you think, change the way you live.”
—Unknown

“If you change the environment, you change the people.”
—Buckminster Fuller

“Change is the essence of life. Be willing to surrender what you are for what you could become.”
—Unknown

“Write your goals in concrete and your plans in sand.”
—Unknown

“The creative thinker is flexible and adaptable and prepared to rearrange his thinking.”
—A. J. Cropley

“Bend, don't break.”
—Unknown

“Fortunate are the flexible, for they shall not be bent out of shape.”
—Unknown

QUOTATIONS

BALANCE

“Never let a problem to be solved become more important than a person to be loved.”
—Barbara Johnson

“Focus on things you can do something about, and don't worry about the rest.”
—Unknown

“Make time for the things that make you happy in life.”
—Unknown

“Watch the little things; a small leak will sink a great ship.”
—Benjamin Franklin

“Happiness is nothing more than good health and a bad memory.”
—Albert Schweitzer

“The minute you settle for less than you deserve, you get even less than you settled for.”
—Maureen Dowd

Kaizen: Japanese word meaning "small, seemingly insignificant, continuous, on-going, and never-ending improvements."

“Life is like riding a bicycle. To keep your balance you must keep moving.”
—Albert Einstein

“Work, love and play are the great balance wheels of man's being.”
—Orison Swett Marden

“Happiness is not a matter of intensity but of balance, order, rhythm and harmony.”
—Thomas Merton

“Live a balanced life – learn some and think some and draw and paint and sing and dance and play and work every day some.”
—Robert Fulghum

“A good balance of winning and losing is important. If you just win all the time, you won't get anything out of it; having some tough losses can be really important.”
—Andrew Shue

“When things reach their limit they are forced to bounce back.”
—Chinese Proverb

“The excessive increase of anything often causes a reaction in the opposite direction.”
—Plato

“I am one with my body, I am one with my mind.”
—Unknown

“Happiness isn’t real unless it is shared.”
—Chris McCandless

“When you lose touch with yourself, you lose yourself in the world.”
—Eckhart Tolle

“We need to maintain a proper balance in our life by allocating the time we have. There are occasions where saying no is the best time management practice there is.”
—Catherine Pulsifer

“Do what you like, like what you do, and have a blast doing it.”
—Unknown

“How full is your bucket?”
—Tom Rath