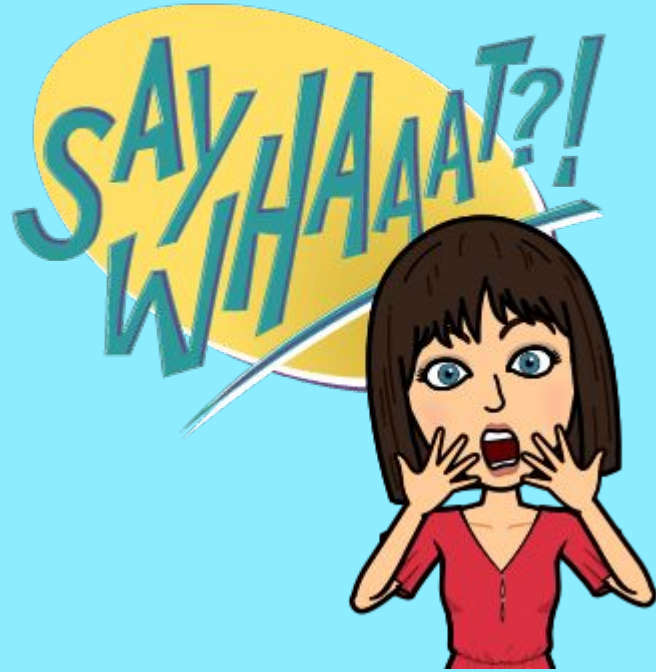


LEADERSHIP IN A ZOOM WORLD



**“WE WON’T BE GOING BACK
IN PERSON THIS YEAR...”**



**“BUT WE STILL
NEED TO HAVE A
LEADERSHIP
CLASS...”**

STILL WANTED TO GIVE KIDS A CHANCE TO...

- Help out their school
- Develop their own leadership skills
- Help increase school spirit
- Challenge themselves
- Be difference makers
- Have a whole lot of **FUN!**

**BUT
HOW?**



**HeRe ARe JuST A FeW
THINGS We DiD...**

TIPS AND TRICKS:

1. **DIVIDE UP OUR TIME INTO THEMED UNITS**
2. **START EACH CLASS WITH REFLECTIVE JOURNALS** (used "DISCOVERING THE LEADER IN ME")
3. **A MIX OF PERSONAL LEADERSHIP DEVELOPMENT AND ACTIVITIES TO HELP THE SCHOOL**



*NOTE: Our schedule? 2.5 hour blocks on Zoom with 1.5 hours of required individual practice work after Zoom.

DAY 1: Welcome TO LEADERSHIP!

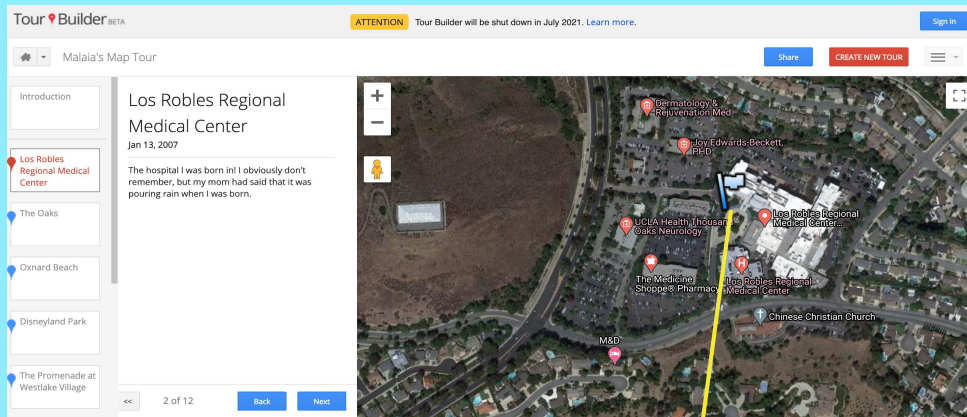
- **“THE USUALS” - POLICIES AND PROCEDURES, GOOGLE CLASSROOM TOUR, FIRST DAYS PAPERWORK**
- **GETTING TO KNOW EACH OTHER**
 - [FLIPGRID INTRODUCTION VIDEO](#)
 - [BACK-TO-SCHOOL BINGO](#)
 - [Welcome survey](#)



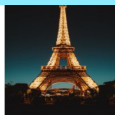
DAYS 2 & 3 - UNIT 1: WHO AM I?

- **KEY TAKEAWAY - WE HAVE TO KNOW ABOUT OURSELVES BEFORE WE CAN HELP OTHERS**
- **JOURNALS - GOAL SETTING, WHAT MATTERS MOST, CIRCLE OF CONTROL**
- **ACTIVITIES**
 - **VISION BOARD**
 - **ABCS OF me**
 - **“I Am” Poem**
 - **MAP OF MYSELF**

UNIT 1: WHO AM I?



I am Lily
 I am a hard worker and brown haired
 I wonder what color the rain is
 I hear cars passing by
 I see the wind rustling in the trees
 I want to go to Paris, France
 I am Lily
 I pretend to have lots a money
 I feel sad that I can't go back to school
 I touch the computers keys
 I worry that covid is going to last forever
 I cry watching sad movies
 I am Lily
 I understand that leaves on trees change colors to match the season
 I say that the world is a kind place with kind people
 I dream that we won't have to wear masks anymore
 I try to do my best on everything I do
 I hope for all the homeless people get a house
 I am Lily



B is for Books

I am a HUGE bookworm. I love to read and reread books until I have them memorised. Books are a good place to escape too after a hard day or when I just want to zone out from the world. My favorite authors are Marie Lu, J.K. Rowling, Rick Riordan, and Brian Selznick.



DAYS 4 & 5 - UNIT 2: WHO ARE WE?

- **KEY TAKEAWAY - WE HAVE TO KNOW ABOUT OUR SCHOOL, ITS STUDENTS AND STAFF, BEFORE WE CAN SERVE THEM**
- **JOURNALS - CLASS MISSION STATEMENT, FORMAL VS. INFORMAL GREETINGS, BEING A ROLE MODEL**
- **ACTIVITIES**
 - **HOW TO WRITE A PROPER email**
 - **SCHOOL INFORMATION GATHERING**
 - **ALL ABOUT SINALOA SLIDESHOW**
 - **CURATING A LEADERSHIP PLAYLIST**

UNIT 2: WHO ARE WE?



Daniel's playlist

5 videos • 2 views • Last updated on Nov 17, 2020

Unlisted



Daniel

SUBSCRIBE

- 5 Ways On How To Become A Responsible Adolescent
BA 206
4:37
- Lessons on Self Confidence from a Teenager | Reece Doppenberg | TEDxYouth@Langley
WATCHED 12:58
TEDx Talks
- Hair Love | Oscar®-Winning Short Film (Full) | Sony Pictures Animation
Sony Pictures Animation
FULL SHORT 6:48
- Thinking and Problem Solving in Adolescence
EN4032 mcMahon
6:25
- A patient perspective | Tilly Hale | TEDxNewcastle
TEDx Talks
17:42

Other people's opinions about Sinaloa



Noah Acuna (former Sinaloa student)

Noah Acuna used to go to Sinaloa, he thinks Sinaloa is a good school. He says he'd probably rate it an A-. He said he had a good time there. He also thought that the rallies were really fun! He said he also liked to eat lunch in the amphitheater Wednesdays and Fridays.

Mrs. Herzer's opinion about Sinaloa

Mrs. Herzer really enjoys working at Sinaloa! She thinks that in Sinaloa the teachers pour their energy into our school, to make Sinaloa an amazing place for everyone-including students and staff. She thinks that we spend most of our time at school so why not make it the best yet.

Mr. Jenkins explains what Administrations do.

Mr. Jenkins in his mind is that Administrations are the people that meet with students when they get in trouble. Mr. Jenkins job is to report directly to the principal. He is responsible to monitoring and enhancing the quality of learning for our students.

Historical Information about SMS

- Sinaloa was founded in 1964 with an enrollment of 1,137.
- Before we were the Sinaloa Sabers, we were the Sinaloa Trojans!
- Our school colors used to be purple and gold.
- We then changed it to black, red, and white and changed our mascot to the saber.
- Then we changed it to teal, grey, and white and recreated the saber!
- Sinaloa's name came from two people named Tom and Dorothy Robertson. They had a ranch called the Sinaloa Ranch, or Hacienda Sinaloa. They arrived from an American Colony in Sinaloa, Mexico in 1925.



SINALOA'S PROGRAMS

WIN:

What I Need is a program at Sinaloa that takes advantage of Student's performances at the school. These are extra classes that provide support academically and individually as students. Some of these classes can be used in more helpful purposes, in efforts to raise grades.

RENAISSANCE:

The Renaissance program at Sinaloa is used to encourage participation through school spirit, and also to reward academic achievements and excellence. To be a member of this program, you must keep your grades high and steady throughout the year.

IM:

International Mindedness is a program at Sinaloa that is above the general level of education that is taught. This program leads students to success in high school level classes later on in their academic careers.

PTSA

Sinaloa's Parent- Teacher-Student Association is a program that helps Sinaloa in many areas in ways, and in the most important way, to fund Sinaloa.



DAY 6 - UNIT 3: LET'S BE...LEADERS!

- **KEY TAKEAWAY - everyone CAN CONTRIBUTE TO MAKING THE WORLD A BETTER PLACE**
- **JOURNALS - HOW I CAN BE A LEADER, WHAT IS LEADERSHIP**
- **ACTIVITIES**
 - **LETTER TO FUTURE me**
 - **TIME MAGAZINE**

UNIT 3: Let's Be...LEADERS!



Misty Copeland

TIME

Misty Copeland is the first African American principal dancer at the American Ballet Theatre (ABT). Even though she didn't start ballet until she was 13 years old, she went on to win many awards. She also was the 2nd African American female soloist at ABT. Misty was able to overcome a lot in the world of dance. She grew up poor and had to overcome how expensive the sport is. She also has one leg that is shorter than the other which makes dancing difficult. Lastly, she had to live away from her family, who had their own issues and drama. She was a pioneer for African American dancers and showed a lot of courage and perseverance.

Me: What is it like being a dancer?
Misty: It is very fun and a dream come true.

Me: Why do you love ballet so much?
Misty: Ballet is what I have always loved doing it is the root of all dancing and I love it.

Me: What do you like about being a dancer?
Misty: I love that when I am on stage I am free.

Me: When did you start dancing?
Misty: When I was 13.

Facts about Gandhi

TIME

Mahatma Gandhi is recognized as one of the twentieth century's greatest political and spiritual leaders. Regarded as Father of The Nation in India, he pioneered and practiced the principle of resistance of tyranny through mass nonviolent civil disobedience. He applied his unique approach to protesting successfully for the first time in South Africa before applying the same on a much larger scale in India. He was imprisoned many times for his actions but that didn't stop him from achieving his goal, which was accomplished in 1947, when India won its independence from Britain. World civil rights leaders have credited Gandhi as a source of inspiration in their struggles to achieve equal rights for their people.

Me: How exactly did you free India from British rule?
Gandhi: Nonviolent approach to political change after nearly a century of British rule.
Me: What were times like during British rule?
Gandhi: Times were very hard and living conditions harsh.
Me: Why did you use nonviolence?
Gandhi: Because violence leads to more violence and retaliation, which would hurt the people of India, eventually.
Me: Was there an incident that led you on this unique path of nonviolence civil disobedience?
Gandhi: Yes, the day when I was thrown off a train in South Africa. I was told to give up my seat in first class, even though I had a valid ticket, just because I was the color of my skin was not White. That incident led me to believe that I had to fight for my rights but not retaliate with violence.
Me: What would be your message to people today?
Gandhi: Violence breeds more violence. Follow the path of love not hate, peace not war. Share the bounties of this World; do not destroy it. All humans deserve respect.

DAY 7 - UNIT 4: LET'S BE...CREATIVE!

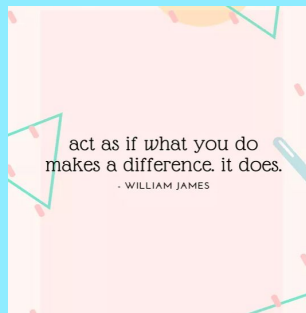
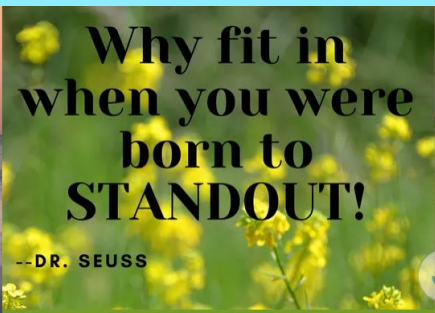
- **KEY TAKEAWAY - LEADERS need CREATIVITY, WHICH CAN TAKE COURAGE AND BEING WILLING TO FAIL**
- **JOURNALS - CREATIVITY, CREATING THE IDEAL PHYSICAL environment**
- **ACTIVITIES**
 - **SCAVENGER HUNT IDEAS**
 - **SPIRIT DAYS AND SCHOOL ACTIVITIES CREATION**
 - **INSPIRATIONAL POSTER MAKING (CLASS PADLET)**



UNIT 4: LET'S BE...CREATIVE!

APRIL

National Fun Day: Ap. 1st

For this holiday, the whole entire day would just be fun! Every class you go to, your teachers would have some fun activity planned for you and your class. And at the end of the day, there will be an assembly with a bunch of games! For spirit, you would just have to participate. One activity we could ask the teachers to do would be a little scavenger hunt inside their classroom. There will also be rewards. Most of the day will consist of the students and teachers playing games and other activities with each other. There will be a big trampoline outside for all the students to jump on.






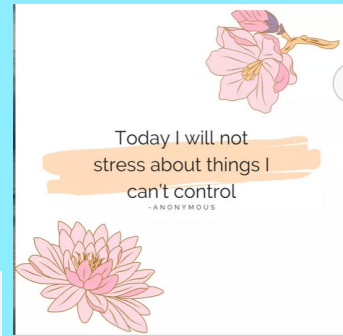
APRIL

Dress Like A Superhero On Zoom Day

For this Spirit Day you can dress in a superhero costume or you can wear a superhero shirt. The activity for this Spirit Day is you can create your own superhero and send a summary of your new superhero to your teacher.



I was Inspired by National Superhero Day on April 28th



JANUARY

National Clean Of Your Desk Day



National Clean Of Your Desk Day would be amazing at school because all of the students would clean out their desks and throw out all of the trash. I think this holiday would be good because all the students would participate and the classrooms would look nice and tidy.

DAY 8 - UNIT 5: LET'S BE...RISK TAKERS!

- **KEY TAKEAWAY - BEING A LEADER MEANS TAKING RISKS AND PUSHING OUTSIDE OUR COMFORT ZONES**
- **JOURNALS - TAKING INITIATIVE**
- **ACTIVITIES**
 - **SMART GOALS**
 - **RISK TAKING CHALLENGES 1**
 - **RISK TAKING CHALLENGES 2**
 - **RISK TAKING CHALLENGES 3**

UNIT 5: LET'S BE...RISK TAKERS!

WRITE A GOAL THAT IS SPECIFIC, MEASURABLE, ATTAINABLE, RELEVANT, AND TIMELY:

(short term goal - something for the next weeks or months)

What I want to work on: becoming stronger and faster

S - I will workout to become stronger and faster.

M - I will workout for a hour staright everyday.

A - I will start working out for 30mins everyday, and build up.

R - I will do this so i will be able to hang through exercises.

T - I will be able to do this within 2 months.

WRITE A GOAL THAT IS SPECIFIC, MEASURABLE, ATTAINABLE, RELEVANT, AND TIMELY:

(short term goal - something for the next weeks or months)

What I want to work on:

S - I will practice dancing more so I can get better.

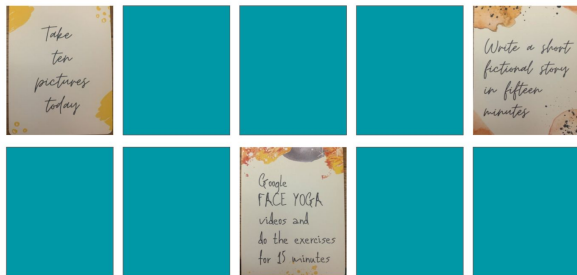
M - I will stretch my middle and left splits.

A - I will stretch and practice dancing 45 minutes a day.

R - I will have a time slot each day to practice dancing.

T - I will be better at dancing by the end of this year.

DECK #3



Reflection:

After you've completed your challenges, take some time to reflect. You can talk about individual challenges or the assignment as a whole. You can consider things like how the challenges made you feel, ways you were pushed out of your comfort zone, if your feelings changed from before doing the challenges to after you did them, any insights you had about yourself, etc.

This was a lot different then I thought it was a little easier then I thought. This had a lot of positive things which I am not used to doing for myself which I should but it was nice. The face yoga was very odd but it had a positive effect. I liked the ones where I had to make someone laugh and tell someone what I appreciate about them because they made others feel good and I would rather others feel good rather than me if I had the choice.

Challenge

Insert pictures in this column of boxes

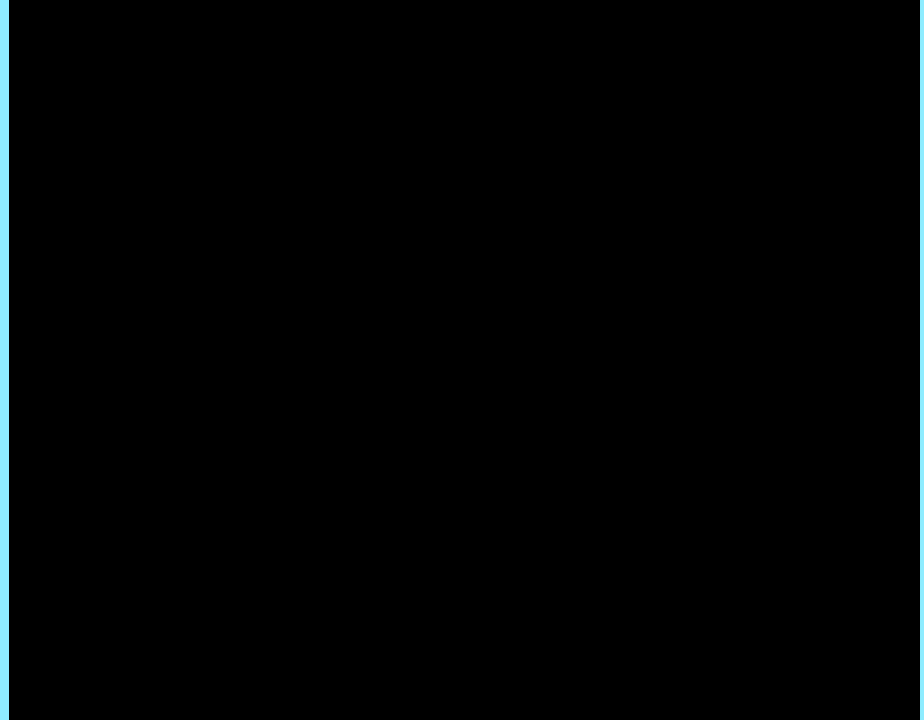
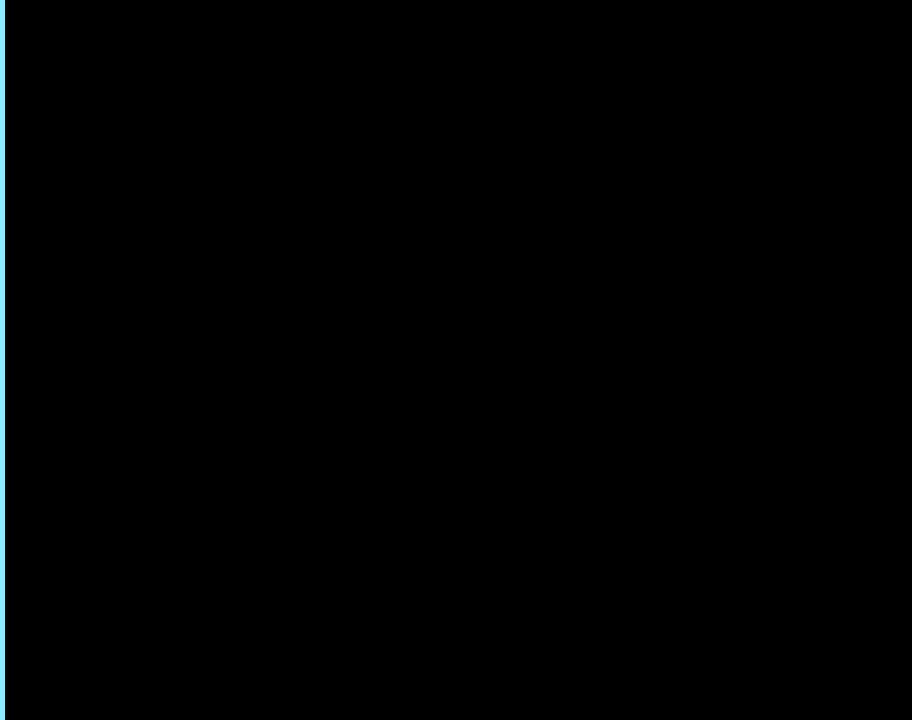
Self-portrait



DAY 9 - UNIT 6: LET'S BE...unique!

- **KEY TAKEAWAY - BRINGING DIFFERENT STRENGTHS AND ABILITIES TO THE TABLE MAKES A GROUP STRONGER**
- **JOURNALS - CELEBRATING DIFFERENCES**
- **ACTIVITIES**
 - **LEARNING STYLES INVENTORIES**
 - **FOUR CORNERS**
 - **VIRTUAL MULTICULTURAL FAIRE**

UNIT 6: Let's Be...unique!



CREATING A VIRTUAL MULTICULTURAL FAIRE

DAYS 10 & 11 - UNIT 7: LET'S BE...KIND!

- **KEY TAKEAWAY - BEING KIND WILL GET YOU FARTHER AS A LEADER THAN TEARING OTHERS DOWN**
- **JOURNALS - THE EMOTIONAL ENVIRONMENT, EMOTIONAL BANK ACCOUNTS, HOW TO GIVE A GOOD COMPLIMENT**
- **ACTIVITIES**
 - **SELF-CARE SCATTERGORIES**
 - **KINDNESS CARDS**
 - **KINDNESS CHALLENGE PART 1**
 - **KINDNESS CHALLENGE PART 2**
 - **KINDNESS ACROSTIC**

UNIT 7: LET'S BE...KIND!

Going to do my chores before anyone else asks me to do them

Asking if anyone needs help with chores

Being the one to volunteering when no one else does

Being the positive one to help up lift others

Yawning not when others are talking (or at least trying not to)

CHALLENGE #6

10 MINUTES:

CREATE A 5 ITEM BUCKET LIST OF THINGS THAT YOU WANT TO DO WITH THIS PERSON & THEN ASK THEM TO WRITE ANOTHER 5. YOU WILL THEN HAVE A TOP 10 FRIENDSHIP BUCKET TO ACCOMPLISH TOGETHER. HANG IT SOMEWHERE IMPORTANT OR MAKE A SHARED NOTE ON YOUR PHONE.

@CHARACTERSTRONG

My list is:

1. Have an all nighter movie night
2. Watch anime together
3. Have a night at the beach
4. Play Fallout 76 one night together
5. Make meals out of different anime shows

Her list was:

1. Go to japan
2. Go to korea
3. Hangout more
4. Get stupid matching costumes
5. Run around IKEA doing dumb things

CHALLENGE #4

10 MINUTES:

FIND A PRESENT THAT THIS PERSON GAVE YOU ON A HOLIDAY OR A BIRTHDAY. VIDEO CALL THEM & TELL THEM HOW MUCH YOU APPRECIATE IT STILL.

@CHARACTERSTRONG

My Grandma hand made this for me and gave it to me on my 12th birthday. It is one of my proudest possessions. She refuses to get a new phone so she doesn't have video call but I made sure she knew just how much I still love it.



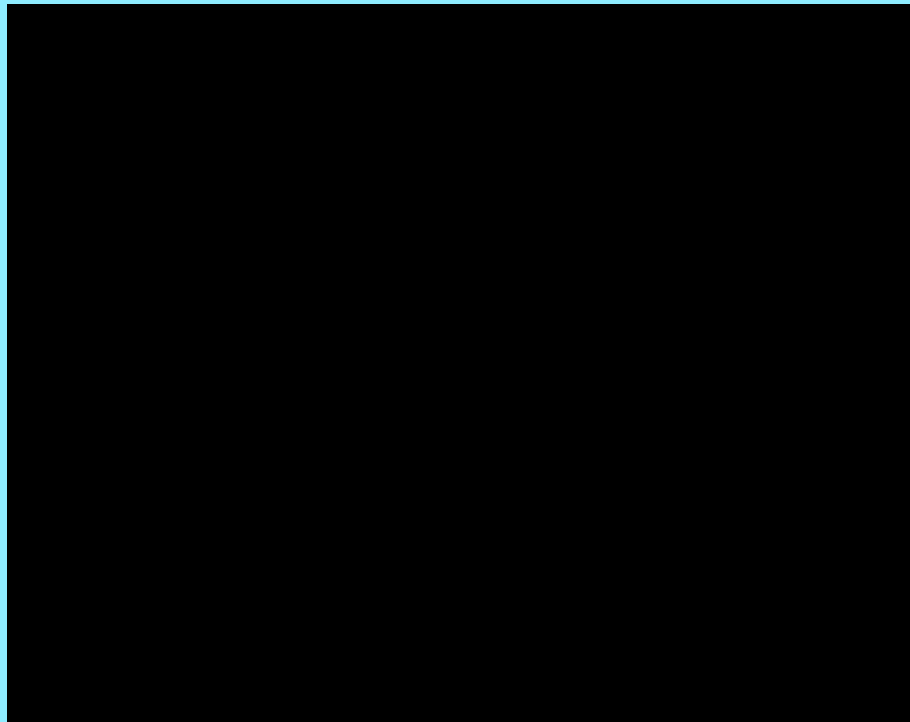
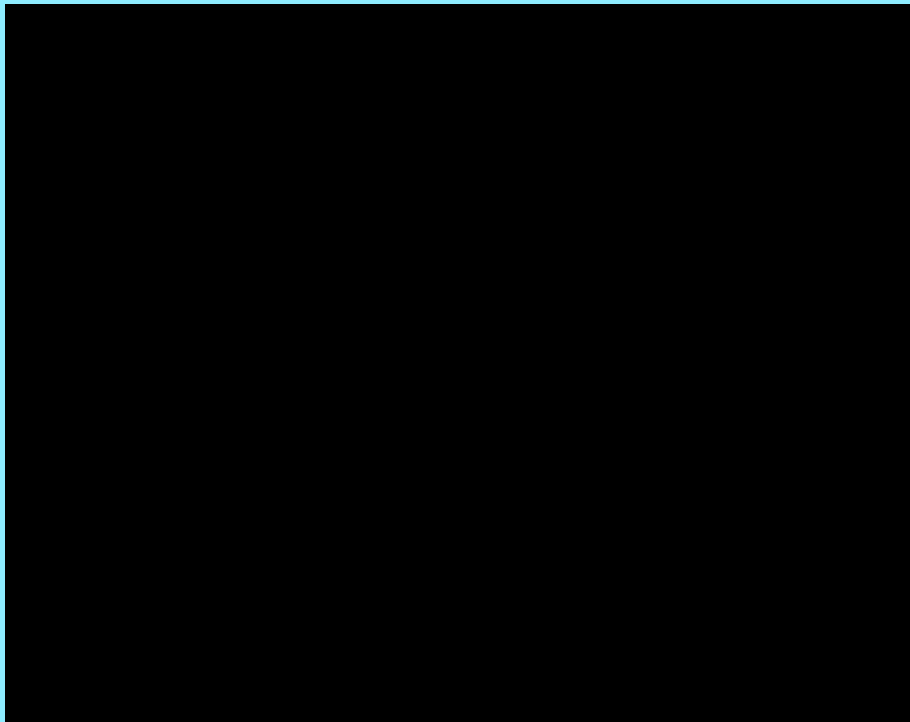
RAK Reflection

Doing these acts of kindness really made me feel good. Sometimes I felt a little nervous, like when I would message someone. But after, I was so happy that I did it. My friends and family were surprised. My friend Alexa, really liked the bookmark that I made her. I think I need to do this more often. It reminds me of a book my mom read to me and my brother about filling someone's bucket. It fills my bucket and someone else's bucket.

DAY 12 - UNIT 8: LET'S BE...PASSIONATE!

- **KEY TAKEAWAY - BEING A LEADER MEANS SHARING OUR PASSION AND HELPING OTHERS FIND THEIR PASSIONS**
- **JOURNALS - PUT FIRST THINGS FIRST**
- **ACTIVITIES**
 - **GENIUS HOUR**

UNIT 8: Let's Be...PASSIONATE!



GENIUS HOUR PROJECTS

DAY 13 - UNIT 9: LET'S BE...TEAM PLAYERS!

- **KEY TAKEAWAY - IT'S ESSENTIAL AS LEADERS THAT WE CAN WORK TOGETHER**
- **JOURNALS - TEAMWORK**
- **ACTIVITIES**
 - **DIGITAL ESCAPE ROOM** (FOUND ON TEACHERS PAY TEACHERS)
 - **NEW EVENT CREATION**

UNIT 9: Let's Be...TEAM PLAYERS!

SINALOA SCHOOL CARNIVAL



MAY 28 • 6-9PM
SINALOA MIDDLE SCHOOL

TICKETS: \$5 FOR 20 TICKETS
\$2.50 FOR 10 TICKETS
\$1 ADMISSION FEE

SINALOA HARVEST FESTIVAL

Sinaloa's Harvest Festival will occur on October 22, at 4:00 pm and will last until 8:00 pm. There will be activities such as a haunted house, games with prizes, a bake sale, and Kona Ice will be there too. There is a \$5 entry fee and to participate in all games and activities, there is an extra \$2 fee.

Keep in mind that parents and siblings are welcome too!

Project Planning Guide

Group Members:

Proposed Activity Title (be creative!):

Outdoor school movie night

What is the overall plan for the activity? Describe what would happen and how things would run. (1-2 paragraphs)

The plan for the outdoor movie night would be to have a giant movie screen outside on the field, and then we could pick a movie to show. The tickets would cost 20\$ per person, to go see the movie. A good movie for this holiday season would be Home Alone because it's a good family movie. Everyone would bring their own chairs, most likely lawn chairs and blankets, and set them up with their friends.

We will also have a barbeque food truck that serves hot dogs, hamburgers, cheeseburgers, and drinks. There will be a candy station with popcorn as well, which will be run by adults willing to volunteer.

This would take place after school, typically during the holiday season that way Home Alone can be played. A good time to take place would be 5:30 PM. This event can happen every year, showing a different movie every year. The last day of school before winter break might be a good place for this captivity to take place.



Join us at Sinaloa middle school for an evening of fun filled activities. Your generous contributions are always welcome.

**HONOR THE
SIMI VALLEY
FIRE
DEPARTMENT**

HONOR THOSE WHO RISK
THEIR LIVES TO PROTECT OUR
BELOVED HOMETOWN

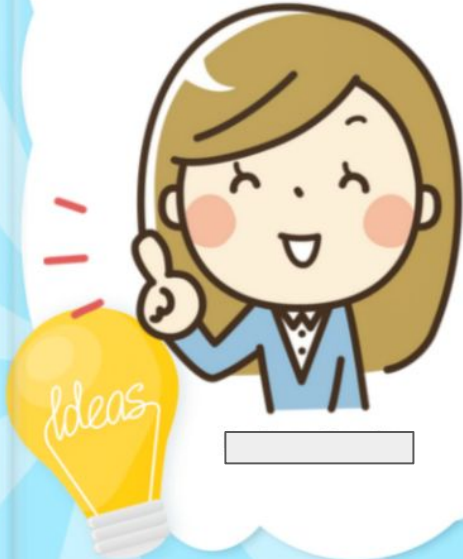
Join us on
Sunday DEC 20,
2020
6 PM - 8 PM

DAY 14 - UNIT 10: LET'S BE...INSPIRATIONAL!

- **KEY TAKEAWAY - AS LEADERS, WE WANT TO INSPIRE OTHERS TO BE THEIR BEST AND TO BE A PART OF OUR SCHOOL FAMILY**
- **JOURNALS - ROLES AND GOALS, WILL YOU LEAD?**
- **ACTIVITIES (FINAL EXAM DAY)**
 - **HOW TO BE A LEADER ABC OR CHILDREN'S BOOK**

UNIT 10: LET'S BE...INSPIRATIONAL!

You can be a leader!



Sacrifice

In my opinion, sacrifice is the most important trait of a leader. Sacrifice is the act of giving up something that you want to keep especially in order to get or do something else or to help someone. For example, you can offer your snack to someone who doesn't have one.



B stands for Be Nice. Being a leader means to be nice to everyone and everything. For example I am always nice to Patrick over there because it is a nice thing to do.



B



I know this one!! PICK ME. PICK ME!!!!



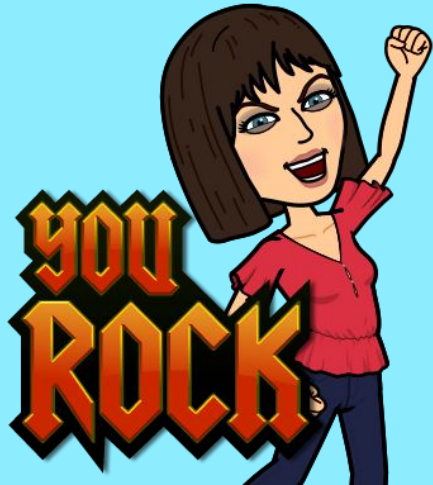
O stands for Open-minded

If someone is open-minded, it means that they are willing to consider new ideas. Leaders should also be open to constructive criticism. These things can help leaders continue learning and developing new ideas.



EXTRAS...

- Home Service Log
- SCHOOL SPIRIT DAY AND ACTIVITY PARTICIPATION LOG



That was fun,
let's do it again
sometime 😊



YOU'VE
GOT THIS



KEEP IN TOUCH...

EMAIL: JENNIFER.HEALY@SIMIVALLEYUSD.ORG

TWITTER: @FILLEDWITHJOY1



***IF YOU HAVE OTHER IDEAS FOR CURRICULUM TOPICS, LET ME
KNOW! I'D LOVE TO HEAR THEM!***