

A large red square with a thin white border, centered on a white background. Inside the square, the text "Training your leaders" is written in a black serif font, arranged in three lines.

Training
your
leaders

Leah Darby

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17 years of teaching
(16 with activities)

Mt. Diablo Unified School
District



Retreat



The goal of the retreat is to build community, begin mastering the basics of your program, and decide a focus for the year.

- An overnight or lock in the week before school starts with everybody (even incoming 9th graders)
- Possible district wide
- Keynote speaker
- Games & ice breakers
- Mission statements, focus, goals
- Choose Homecoming theme
- Workshop rotations
- Alumni participation
- Teach traditions (cheers & chants)
- Bonding & building relationships

Officer Training

- Go over constitution & class responsibilities
 - Seniors – Senior events
 - Juniors – Clubs & Powderpuff
 - Sophomores – CHS Shoutouts
 - Freshmen – Spirit shack & technicians



- How to run a meeting
- How to lead your friends
- How to delegate
- Dealing with criticism
- Communication with ASB
- Class budgets & money management
- Fundraiser ideas
- How to take notes in a meeting
- Organization of class files

Class bonding



- Games on Fridays for the first 30 minutes of class.
 - Outside of school bonding
 - Buddies
 - Buddy bonding teams/challenges
 - Make a cheer or chant
 - Do something together this week
 - Staff buddies
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Leadership lessons - by teacher or student

Character

- You represent your school
- Your actions speak louder than your words
- What's your passion?
What are you doing about that?
- Making a commitment to Leadership
- Personal & Leadership branding
- Developing strong work habits
- Managing stress

Skill based

- How to talk to teachers
- How to make & hang a poster
- How to properly leave and enter a class
- Writing notes & donation letters
- Money matters
- Communication
- Meeting basics



Leadership Exchange

An all day event for Leadership programs from our district and surrounding schools

Have had up to 12 schools from 5 districts and 500 people :)

Completely student led!

- Workshops
- Swaps
- Games

- Speaker
- Catered lunch
- Themed decor
- DJed dance party



Conferences

- Area A student conference
- Spring leaders conference
- CASL
- CADA camp



The only real training for leadership is leadership.

— Antony Jay

